

7/26/2012

Questionnaire: SP

**WEIGHT HISTORY – WHQ****Target Group: SPs 16+**

WHQ.010 These next questions ask about {your/SP's} height and weight at different times in {your/his/her} life.  
G/F/I/M/C

How tall {are you/is SP} without shoes?

|\_|

ENTER HEIGHT IN FEET AND INCHES ..... 1

ENTER HEIGHT IN METERS

AND CENTIMETERS ..... 2

REFUSED ..... 7 (WHQ.025)

DON'T KNOW ..... 9 (WHQ.025)

|\_|\_|

ENTER NUMBER OF FEET

REFUSED ..... 7777 (WHQ.025)

DON'T KNOW ..... 9999 (WHQ.025)

AND

|\_|\_|

ENTER NUMBER OF INCHES

DON'T KNOW ..... 9999 (WHQ.025)

OR

|\_|\_|

ENTER NUMBER OF METERS

REFUSED ..... 7777 (WHQ.025)

DON'T KNOW ..... 9999 (WHQ.025)

AND

|\_|\_|\_|

ENTER NUMBER OF CENTIMETERS

DON'T KNOW ..... 9999 (WHQ.025)

WHQ.025/ L/K How much {do you/does SP} weigh without clothes or shoes? [If {you are/she is} currently pregnant, how much did {you/she} weigh **before** your pregnancy?]

RECORD **CURRENT** WEIGHT

CAPI INSTRUCTION:

DISPLAY OPTIONAL SENTENCE [If {you are/she is} currently pregnant . . .] **ONLY** IF SP IS FEMALE **AND** AGE IS 16 THROUGH 59.

ENTER WEIGHT IN POUNDS ..... 1  
ENTER WEIGHT IN KILOGRAMS ..... 2  
REFUSED ..... 7 (WHQ.030)  
DON'T KNOW ..... 9 (WHQ.030)

ENTER NUMBER OF POUNDS

CAPI INSTRUCTION:  
SOFT EDIT 75-500, HARD EDIT 50-750

OR

ENTER NUMBER OF KILOGRAMS

CAPI INSTRUCTION:  
SOFT EDIT 34-225, HARD EDIT 23-338

OR

REFUSED ..... 77777  
DON'T KNOW ..... 99999

WHQ.030 {Do you/Does SP} consider {your/his/her}self now to be . . . [If {you are/she is} currently pregnant, what did {you/she} consider {your/her}self to be before {you were/she was} pregnant?]

overweight, ..... 1  
underweight, or ..... 2  
about the right weight? ..... 3  
REFUSED ..... 7  
DON'T KNOW ..... 9

CAPI INSTRUCTION:

DISPLAY OPTIONAL SENTENCE [If {you are/she is} currently pregnant...] **ONLY** IF SP IS FEMALE **AND** AGE IS 16 THROUGH 59.

WHQ.040 Would {you/SP} like to weigh . . .

more, .....	1
less, or .....	2
stay about the same? .....	3
REFUSED .....	7
DON'T KNOW .....	9

WHQ.053/ L/K How much did {you/SP} weigh **a year ago**? [If {you were/she was} pregnant a year ago, how much did {you/she} weigh **before** your pregnancy?]

ENTER WEIGHT IN POUNDS OR KILOGRAMS

CAPI INSTRUCTION:

DISPLAY OPTIONAL SENTENCE [If {you were/she was} pregnant . . .] **ONLY** IF SP IS FEMALE **AND** SP AGE IS 17 THROUGH 60.

<input type="text"/>	
ENTER WEIGHT IN POUNDS .....	1
ENTER WEIGHT IN KILOGRAMS .....	2
REFUSED .....	7 (BOX 1)
DON'T KNOW .....	9 (BOX 1)

ENTER NUMBER OF POUNDS

CAPI INSTRUCTION:

SOFT EDIT 75-500, HARD EDIT 50-750

OR

ENTER NUMBER OF KILOGRAMS

CAPI INSTRUCTION:

SOFT EDIT 34-225, HARD EDIT 23-338

OR

REFUSED .....	77777
DON'T KNOW .....	99999

**BOX 1**

**CHECK ITEM WHQ.055:**

IF WEIGHT IN WHQ.053/L/K IS 10 POUNDS, 4.55 KILOGRAMS, OR MORE THAN WEIGHT IN WHQ.025/L/K (E.G., WHQ.053/L/K = 150 LBS AND WHQ.025/L/K = 135 LBS), CONTINUE.

OTHERWISE, GO TO WHQ.070.

WHQ.061      Was the change between {your/SP's} **current** weight and {your/his/her} weight **a year ago because {you/s/he} tried to lose weight?**

YES .....	1 (WHQ.092/OS)
NO .....	2
REFUSED .....	7
DON'T KNOW .....	9

WHQ.070      During the **past 12 months**, {have you/has SP} tried to lose weight?

YES .....	1
NO .....	2 (WHQ.225)
REFUSED .....	7 (WHQ.225)
DON'T KNOW .....	9 (WHQ.225)

WHQ.092/ How did {you/SP} try to lose weight?  
OS

HAND CARD WHQ1  
CODE ALL THAT APPLY

ATE LESS FOOD (AMOUNT) ..... 100  
SWITCHED TO FOODS WITH LOWER  
CALORIES ..... 110  
ATE LESS FAT..... 120  
ATE FEWER CARBOHYDRATES ..... 125  
EXERCISED..... 130  
SKIPPED MEALS..... 140  
ATE "DIET" FOODS OR PRODUCTS..... 150  
USED A LIQUID DIET FORMULA SUCH  
AS SLIMFAST OR OPTIFAST ..... 160  
JOINED A WEIGHT LOSS PROGRAM  
SUCH AS WEIGHT WATCHERS, JENNY  
CRAIG, TOPS, OR OVEREATERS  
ANONYMOUS..... 170  
FOLLOWED A SPECIAL DIET SUCH AS  
DR. ATKINS, SOUTH BEACH, OTHER  
HIGH PROTEIN OR LOW  
CARBOHYDRATE DIET, CABBAGE  
SOUP DIET, ORNISH, NUTRISYSTEM,  
BODY-FOR-LIFE ..... 300  
TOOK DIET PILLS PRESCRIBED BY A  
DOCTOR..... 310  
TOOK OTHER PILLS, MEDICINES, HERBS,  
OR SUPPLEMENTS NOT NEEDING A  
PRESCRIPTION..... 320  
STARTED TO SMOKE OR BEGAN TO  
SMOKE AGAIN ..... 325  
TOOK LAXATIVES OR VOMITED ..... 330  
HAD WEIGHT LOSS SURGERY ..... 335  
DRANK A LOT OF WATER..... 340  
ATE MORE FRUITS, VEGETABLES,  
SALADS ..... 350  
ATE LESS SUGAR, CANDY, SWEETS..... 360  
CHANGED EATING HABITS (DIDN'T EAT  
LATE AT NIGHT, ATE SEVERAL SMALL  
MEALS A DAY) ..... 370  
ATE LESS JUNK FOOD OR FAST FOOD .... 380  
OTHER (SPECIFY) ..... 400  
REFUSED ..... 777  
DON'T KNOW ..... 999

**BOX 2A**

OMITTED

WHQ.225 How many times {have you/has SP} lost 10 pounds or more **because {you were/he was/she was} trying to lose weight?** Was it . . .

1 to 2, .....	1
3 to 5, .....	2
6 to 10, .....	3
11 times or more, or .....	4
never? .....	5
REFUSED .....	7
DON'T KNOW .....	9

**BOX 2**

**CHECK ITEM WHQ.105:**

IF SP AGE >= 36, CONTINUE.

OTHERWISE, GO TO BOX 3.

WHQ.111/ L/K How much did {you/SP} weigh **10 years ago?** [If you don't know {your/his/her} exact weight, please make your best guess.] [If {you were/she was} pregnant, how much did {you/she} weigh before {your/her} pregnancy?]

ENTER WEIGHT IN POUNDS OR KILOGRAMS

CAPI INSTRUCTION:

DISPLAY OPTIONAL SENTENCE [If {you were/she was} . . .] ONLY IF SP IS FEMALE AND AGE IS LESS THAN OR EQUAL TO 69.

_	
ENTER WEIGHT IN POUNDS .....	1
ENTER WEIGHT IN KILOGRAMS .....	2
REFUSED .....	7 (BOX 3)
DON'T KNOW .....	9 (BOX 3)

|\_|\_|\_|  
ENTER NUMBER OF POUNDS

CAPI INSTRUCTION:  
SOFT EDIT 75-500, HARD EDIT 50-750

OR

|\_|\_|\_|  
ENTER NUMBER OF KILOGRAMS

CAPI INSTRUCTION:  
SOFT EDIT 34-225, HARD EDIT 23-338

OR

REFUSED .....	77777
DON'T KNOW .....	99999

**BOX 3**

**CHECK ITEM WHQ.115A:**  
IF SP AGE >= 27, CONTINUE.  
OTHERWISE, GO TO WHQ.147/L/K.

WHQ.121/ L/K      How much did {you/SP} weigh at **age 25**? [If you don't know {your/his/her} exact weight, please make your best guess.] [If {you were/she was} pregnant, how much did {you/she} weigh before your pregnancy?]

ENTER WEIGHT IN POUNDS OR KILOGRAMS

CAPI INSTRUCTION:  
DISPLAY OPTIONAL SENTENCE [If {you were/she was} . . .] ONLY IF SP IS FEMALE.

|\_|  
ENTER WEIGHT IN POUNDS ..... 1  
ENTER WEIGHT IN KILOGRAMS ..... 2  
REFUSED ..... 7 (WHQ.130)  
DON'T KNOW ..... 9 (WHQ.130)

|\_|\_|\_|  
ENTER NUMBER OF POUNDS  
  
OR  
  
|\_|\_|\_|  
ENTER NUMBER OF KILOGRAMS  
  
OR  
  
REFUSED ..... 77777  
DON'T KNOW ..... 99999

**BOX 3A**

**CHECK ITEM WHQ.125:**  
IF SP AGE >= 50, CONTINUE.  
OTHERWISE, GO TO WHQ.147/L/K.

WHQ.130/ F/I/M/C      How tall {were you/was SP} at **age 25**? [If you don't know {your/his/her} exact height, please make your best guess.]

|\_|  
ENTER HEIGHT IN FEET AND INCHES ..... 1  
ENTER HEIGHT IN  
METERS AND CENTIMETERS ..... 2  
REFUSED ..... 7 (WHQ.147)  
DON'T KNOW ..... 9 (WHQ.147)

|\_|\_|  
ENTER NUMBER OF FEET

CAPI INSTRUCTION: HARD EDIT 2-8

AND

|\_|\_|  
ENTER NUMBER OF INCHES

CAPI INSTRUCTION: HARD EDIT 0-11

OR

|\_|\_|  
ENTER NUMBER OF METERS

CAPI INSTRUCTION: HARD EDIT 0-3

AND

|\_|\_|\_|  
ENTER NUMBER OF CENTIMETERS

CAPI INSTRUCTION: HARD EDIT 0-99

OR

REFUSED ..... 7777  
DON'T KNOW ..... 9999

<p><b>BOX 4</b></p> <p>OMITTED</p>
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WHQ.147/ What is the most {you have/SP has} **ever** weighed? [Do not include any times when {you were/she was}  
L/K pregnant.]

ENTER WEIGHT IN POUNDS OR KILOGRAMS

CAPI INSTRUCTION:  
DISPLAY OPTIONAL SENTENCE {Do not include . . .} **ONLY** IF SP IS FEMALE.

|\_|  
ENTER WEIGHT IN POUNDS ..... 1  
ENTER WEIGHT IN KILOGRAMS ..... 2  
REFUSED ..... 7 (END OF SECTION)  
DON'T KNOW ..... 9 (END OF SECTION)



|\_|\_|\_|  
ENTER NUMBER OF POUNDS

CAPI INSTRUCTION:  
SOFT EDIT 75-500, HARD EDIT 50-750

OR

|\_|\_|\_|  
ENTER NUMBER OF KILOGRAMS

CAPI INSTRUCTION:  
SOFT EDIT 34-225, HARD EDIT 23-338

OR

REFUSED ..... 77777 (END OF SECTION)  
DON'T KNOW ..... 99999 (END OF SECTION)

WHQ.150 How old {were you/was SP} then? [If you don't know {your/his/her} exact age, please make your best guess.]

|\_|\_|\_|  
ENTER AGE IN YEARS

REFUSED ..... 77777  
DON'T KNOW ..... 99999

<p><b>BOX 5</b></p> <p>OMITTED</p>
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