NHANES 2013

10/10/12 Questionnaire: SP

# OSTEOPOROSIS – OSQ Target Group: Males and Females 40+

OSQ.010 a/b/c	Has a doctor <b>ever</b> {you/SP} had brok {your/his/her}		OSQ.020	How many times {have you/has SP} broken or fractured {your/his/her} {hip/wrist/spine}?		
	a. hip?  YES			ENTER NUMBER OF TIMES  CAPI INSTRUCTION: HARD EDIT: 1-33.  REFUSED 77 DON'T KNOW 99		
	b. wrist? DO NOT INCLUDE FOREARM OR HAND	YES		_  ENTER NUMBER OF TIMES  CAPI INSTRUCTION: HARD EDIT: 1-33.  REFUSED		
	c. spine?	YES		ENTER NUMBER OF TIMES  CAPI INSTRUCTION: HARD EDIT: 1-33.  REFUSED 77 DON'T KNOW 99		

## BOX 1

### **CHECK ITEM OSQ.025:**

IF 'YES' (CODE 1) IN OSQ.010 a, b, OR c, CONTINUE WITH LOOP 1. OTHERWISE, GO TO OSQ.080.

#### LOOP 1

ASK OSQ.030 - OSQ.051 FOR EACH **TYPE** AND EACH **INCIDENT** OF FRACTURE. (EXAMPLE: HOW OLD WERE YOU WHEN YOU FRACTURED YOUR **HIP** THE **FIRST** TIME?)

OSQ.030 a/b/c					
		ST OR SPINE 1 TIME, DO NOT DISPLAY "THE OTH OR MOST RECENT TIME}.	{1ST/2ND} TIME".		
		(BOX 2) ENTER AGE IN YEARS			
		CAPI INSTRUCTION: HARD EDIT: 1-120.			
		REFUSED DON'T KNOW			
		ULL AND SP AGE < 50, CODE OSQ.040 = 1 (L ULL AND SP AGE >= 50, CONTINUE.	JNDER 50).		
OSQ.040 a/b/c	{Were you/Was SP}				
		under 50 years old, or	2 7 (BOX 3)		
		BOX 2			
	CHECK ITEM OSQ.045: IF AGE IS >= 50 IN OSQ OTHERWISE, GO TO BO	.030 OR OSQ.040, CONTINUE. DX 3.			
OSQ.051	Did that fracture occur as a r	esult of			
		a fall from <b>standing height or less</b> , for example, tripped, slipped, fell out of bed <b>a hard fall</b> , such as falling off a ladder or	4		
		step stool, down stairs, or	5		
		a car accident or other severe trauma?	6		
		REFUSED			
		DON'T KNOW	9		

# HELP SCREEN:

Additional examples for "a fall from standing height or less" include leg gave way, was dizzy, fell bending over, fell out of a chair. Additional examples for "a hard fall" include being forcibly knocked down by another person or bicycle.

### BOX 3

### **END LOOP1:**

- ASK OSQ.030 OSQ.051 FOR NEXT INCIDENT OF FRACTURE.
- IF NO NEXT INCIDENT, CONTINUE.
- OSQ.080 Has a doctor ever told {you/SP} that {you/s/he} had broken or fractured any other bone **after** {you were/s/he was} 20 years of age?

YES	1	
NO	2	(OSQ.060)
REFUSED	7	(OSQ.060)
DON'T KNOW	9	(OSQ.060)

OSQ.090 Was this fracture the result of severe trauma such as a car accident, being struck by a vehicle, a physical attack, or a hard fall such as falling off a ladder or down stairs?

YES	1	(OSQ.120)
NO	2	
REFUSED	7	(OSQ.120)
DON'T KNOW	9	(OSQ 120)

### HELP SCREEN:

Do not include a fall from standing height or less, for example, tripped, slipped, fell out of bed, leg gave way, was dizzy, fell bending over, or fell out of a chair.

Additional examples for "a hard fall" include being knocked down by another person or bicycle.

### HAND CARD OSQ 1

HEAD/FACE	10
UPPER ARM (HUMERUS)	11
LOWER ARM BETWEEN WRIST AND	
ELBOW (DO NOT INCLUDE WRIST)	12
ELBOW	13
HAND	14
FINGERS	15
SHOULDER	
COLLAR BONE	17
RIBS (EITHER SIDE)	18
PELVIS (NOT HIP)	19
UPPER LEG (THIGH EXCLUDING HIP)	20
LOWER LEG (BETWEEN ANKLE AND	
KNEE)	21
KNEE (PATELLA)	22
ANKLE	23
HEEL	24
FOOT	25
TOES	26
OTHER (DO NOT SPECIFY)	27
REFUSED	77
DON'T KNOW	99
when {you/SP} fractured {your/his/her} (fractu	re site selected in OSQ.

OSQ.110	How old {were you/was SP} when {you/SP} fractured {your/his/her} (fracture site selected in OSQ.100) for
	the <b>first</b> time after age 20?

_	_
<b>ENTER AG</b>	E IN YEARS

CAPI INSTRUCTION: HARD EDIT: 20-120.

REFUSED	777
DON'T KNOW	999

OSQ.120 Has a doctor ever told {you/SP} that {you/s/he} had broken or fractured any other bones after {you were/s/he was} 20 years of age?

YES	1	
NO	2	(OSQ.060)
REFUSED	7	(OSQ.060)
DON'T KNOW	9	(OSQ.060)

D	_	v	
D	u	м	4

### **CHECK ITEM OSQ.129:**

IF OSQ120 = 1 (YES), CONTINUE WITH LOOP 2. OTHERWISE, GO TO OSQ.060.

#### LOOP 2:

ASK OSQ.090 – OSQ.120 FOR NEXT INCIDENT OF FRACTURE. IF NO NEXT INCIDENT, CONTINUE.

OSQ.060 Has a doctor **ever** told {you/SP} that {you/s/he} had osteoporosis, sometimes called thin or brittle bones?

YES	1	
NO	2	(OSQ.130)
REFUSED	7	(OSQ.130)
DON'T KNOW	9	(OSQ.130)

### HELP SCREEN:

Osteoporosis: A disease in which bones become less dense, which makes them more fragile and likely to break. Osteoporosis is not always painful. In fact, many people don't know they have osteoporosis unless a bone breaks. A doctor may tell you that you have osteoporosis after you have had a broken bone or a bone density test.

Doctor: The term refers to both medical doctors (M.D.s) and osteopathic physicians (D.O.s). It includes general practitioners as well as specialists. It does not include persons who do not have an M.D. or D.O. degree, such as dentists, oral surgeons, chiropractors, podiatrists, Christian Science healers, opticians, optometrists, psychologists, etc.

OSQ.072 Please look at the drugs on this card that are prescribed for osteoporosis. {Have you/Has SP} ever been told by a doctor or other health care professional to take a **prescribed medicine** for osteoporosis?

HAND CARD OSQ 2

YES	1
NO	2
REFUSED	7
DON'T KNOW	9

### HELP SCREEN:

Osteoporosis: A disease in which bones become less dense, which makes them more fragile and likely to break. Osteoporosis is not always painful. In fact, many people don't know they have osteoporosis unless a bone breaks. A doctor may tell you that you have osteoporosis after you have had a broken bone or a bone density test.

OSQ.130 {Have you/has SP} **ever** taken **any** prednisone or cortisone pills **nearly every day for a month or longer**? [Prednisone and cortisone are types of steroids.]

YES	1	
NO	2	(OSQ.150)
REFUSED	7	(OSQ.150)
DON'T KNOW	9	(OSQ.150)

OSQ.140 Q/U	Please think about {your/SP's} use of prednisone or cortisone during {your/his/her} lifetime. For how long did {you/s/he} use prednisone or cortisone <b>nearly every day</b> ? Do not count the months or years when {you were/s/he was} not taking the medicine.				
		 ENTER NUMBER			
		CAPI INSTRUCTION: SOFT EDIT: 19 OR H	IGHER.		
		REFUSED			
		DON'T KNOW	999		
		ENTER UNIT			
		MONTH	1		
		YEAR	2		
		REFUSED	•		
		DON'T KNOW	9		
OSQ.150	Including living and deceased that they had osteoporosis of	d, were either of {your/SP's} biological parents er brittle bones?	ver told by a health professional		
		YES	1		
		NO	,		
		REFUSED	7 (OSQ.170)		
		DON'T KNOW	9 (OSQ.170)		
OSQ.160	Which biological [blood] pare	nt?			
	CODE ALL THAT APPLY				
		MOTHER	1		
		FATHER	2		
		REFUSED	7		
		DON'T KNOW	9		
OSQ.170	Did {your/SP's} biological mo	other <b>ever</b> fracture her hip?			
		YES	1		
		NO	2 (OSQ.200)		
		REFUSED	7 (OSQ.200)		
		DON'T KNOW	9 (OSQ.200)		
OSQ.180	About how old was she when	n she fractured her hip (the <b>first</b> time)?			
		(OSQ.200)			
		ENTER AGE IN YEARS			
		REFUSED	777		
		DON'T KNOW			

OSQ.190	Was she				
		under 50 years old, or			
OSQ.200	Did {your/SP's} biological fa	ther <b>ever</b> fracture his hip?			
		YES NO	1 2 (END OF SECTION) 7 (END OF SECTION) 9 (END OF SECTION)		
OSQ.210	About how old was he when he fractured his hip (the <b>first</b> time)?				
		(END OF SECTION) ENTER AGE IN YEARS			
		CAPI INSTRUCTION: HARD EDIT: 20-120.			
		REFUSED			
OSQ.220	Was he				
		under 50 years old, or	1 2 7 9		