



## Laboratory Procedure Manual

Analyte: 1-Methyl-9H-pyrido[3,4-b]indole (Harman), 9H-Pyrido[3,4-b]indole (Norharman), 2-amino-9H-pyrido[2,3-b] indole (AC), 2-amino-3-methyl-9H-pyrido[2,3-b] indole (MeAC), 3-amino-1, 4-dimethyl-5H-pyrido [4,3-b] indole (Trp-P-1), 3-amino-1-methyl-5H-pyrido [4,3-b] indole (Trp-P-2), 2-amino-6-methyldipyrido[1,2-A:3',2'-D]imidazole (Glu-P-1), 2-aminodipyrido[1,2-a:3',2-D]imidazole (Glu-P-2), 2-amino-3-methyl-3H-imidazo[4,5-f]quinolone (IQ) and 2-amino-1-methyl-6-phenylimidazo[4,5-b]pyridine (PhIP)

*Matrix:* **Urine**

*Method:* **HPLC API Tandem Mass Spectrometry**

*Method No:* **2015**

*Revised:*

*As performed by:*

Tobacco and Volatiles Branch  
Division of Laboratory Sciences  
National Center for Environmental Health

*Contact:*

Dr. Yang Xia  
Phone: 770-488-4212  
Fax: 770-488-0181  
Email: [yax1@cdc.gov](mailto:yax1@cdc.gov)

James L. Pirkle, M.D., Ph.D.  
Director, Division of Laboratory Sciences

### Important Information for Users

The Centers for Disease Control and Prevention (CDC) periodically refines these laboratory methods. It is the responsibility of the user to contact the person listed on the title page of each write-up before using the analytical method to find out whether any changes have been made and what revisions, if any, have been incorporated.

## Public Release Data Set Information

This document details the Lab Protocol for testing the items listed in the following table

| Data File Name | Variable Name | SAS Label                |
|----------------|---------------|--------------------------|
| HCAA_H         | URXAAC        | A- $\alpha$ -C (pg/mL)   |
|                | URXGLP1       | Glu-P1 (pg/mL)           |
|                | URXGLP2       | GLU-P2 (pg/mL)           |
|                | URXHM         | Harman (pg/mL)           |
|                | URXIQ         | IQ (pg/mL)               |
|                | URXMAAC       | MeA- $\alpha$ -C (pg/mL) |
|                | URXNHM        | Norharman (pg/mL)        |
|                | URXPHIP       | Ph1P (pg/mL)             |
|                | URXTRP1       | Trp-P-1 (pg/mL)          |
|                | URXTRP2       | Trp-P-2 (pg/mL)          |

## 1 SUMMARY OF TEST PRINCIPLE AND CLINICAL RELEVANCE

### a. **Analyte.**

*1-Methyl-9H-pyrido[3,4-b]indole (Harman), 9H-Pyrido[3,4-b]indole (Norharman), 2-amino-9H-pyrido[2,3-b] indole (AC), 2-amino-3-methyl-9H-pyrido[2,3-b] indole (MeAC), 3-amino-1, 4-dimethyl-5H-pyrido [4,3-b ]indole (Trp-P-1), 3-amino-1-methyl-5H-pyrido [4,3-b] indole (Trp-P-2), 2-amino-6-methyldipyrido[1,2-A:3',2'-D]imidazole (Glu-P-1), 2-aminodipyrido[1,2-a:3',2-D]imidazole (Glu-P-2), 2-amino-3-methyl-3H-imidazo[4,5-f]quinolone (IQ) and 2-amino-1-methyl-6-phenylimidazo[4,5-b]pyridine (PhIP)*

### b. **Clinical Relevance.**

Heterocyclic aromatic amines (HCAA) are an important class of carcinogens formed during combustion of cigarettes and cooking meats at high temperature (1,2). IARC considered a number of HCAAs as possible and probable carcinogens that include 2-amino-9H-pyrido[2,3-b] indole (AC), 2-amino-3-methyl-9H-pyrido[2,3-b] indole (MeAC), 3-amino-1, 4-dimethyl-5H-pyrido [4,3-b ]indole (Trp-P-1), 3-amino-1-methyl-5H-pyrido [4,3-b] indole (Trp-P-2), 2-amino-6-methyldipyrido[1,2-A:3',2'-D]imidazole (Glu-P-1), 2-aminodipyrido[1,2-a:3',2-D]imidazole (Glu-P-2), 2-amino-3-methyl-3H-imidazo[4,5-f]quinolone (IQ) and 2-amino-1-methyl-6-phenylimidazo[4,5-b]pyridine (PhIP) (3,4). Harman and norharman are the most abundant beta-carboline HCAA in cigarette condensate, though they are not carcinogenic (1, 5). Biomonitoring of urinary carcinogenic HCAA as well as harman and norharman provides useful information on exposure to HCAA related to tobacco smoking and impact of HCAA on human health.

### c. **Assay Principle.**

AC, MeAC, Trp-P-1, Trp-P-2, Glu-P-1, Glu-P-2, IQ, PhIP, harman and norharman in urine are measured by an isotope-dilution high-performance liquid chromatography/electrospray ionization tandem mass spectrometry (ID HPLC-ESI MS/MS). For "total" HCAA assays, the urine samples are fortified with internal standards (ISTD), and hydrolyzed in basic condition at 70°C for 5 hours. The samples are then extracted by solid phase extraction, after which the analytes are eluted and analyzed by LC/MS/MS. The analyte specific ion transitions are monitored for HCAA quantitation, confirmation and ISTD respectively. The concentrations are derived from their respective ratios of native to isotope-labeled ions in the samples by comparing to their standard curves.

### d. **Special Precaution.**

Because of the nature of these assays, all analysts involved in this study must be non-tobacco users, and measurements must be performed in a smoke-free building environment.

## 2 SAFETY PRECAUTIONS

Safety glasses, gloves and clothing must be worn during the extraction and processing of samples by this method.

a. ***Reagent Toxicity / Carcinogenicity.***

Some of the reagents used in this procedure are toxic and some of the analytes themselves are toxic. Universal safety precautions must be taken to avoid inhalation or dermal exposure to assay reagents or analytical standards.

b. ***Radioactive Hazards.***

This procedure does not use radioactive materials and there are no radioactive hazards associated with it.

c. ***Biological Hazards.***

This assay involves human urine samples. Universal precautions must be followed. Analysts working directly with the specimens must use proper technique and avoid direct contact with the sample. Lab coats, gloves and protective eyewear (as required) should be worn while handling the specimens.

d. ***Chemical Hazards.***

Reagents and solvents are used in this method including those listed below in Section 6.a. MSDSs for these chemicals are readily accessible on the internet (e.g., <http://www.msdssearch.net/MSDSSearch.asp>, or <http://msds.ehs.cornell.edu/msdssrch.asp>). Hardcopies are maintained on file.

e. ***Mechanical hazards.***

There are no unusual mechanical hazards associated with this method. Analysts should know and follow the manufacturer's recommendations concerning the safe handling of instruments and other equipment. High voltages are found within certain areas of the mass spectrometer and care must be taken when working in those areas. Safety interlocks on instruments such as the mass spectrometer, LC autosampler and centrifuge covers, etc. should not be defeated during normal operations.

f. ***Protective equipment.***

Standard safety precautions should be followed when performing this procedure including the use of a lab coat/disposable gown, safety glasses, appropriate gloves, and the use of biological safety cabinets and chemical fume hoods as needed. Refer to the laboratory Chemical Hygiene Plan and standard CDC / DLS safety

policies and procedures guidelines for details related to specific activities or reagents.

g. ***Training.***

Method specific training in the use of tandem mass spectrometry is required. All analysts must be CLIA-certified and demonstrate proficiency in the analysis before handling samples. Educational and specific training information is maintained for all analysts certified to work on this method.

h. ***Disposal of Wastes.***

All waste disposals must be in compliance with DLS policy. Discard solvents and other waste reagents into an appropriate container marked for waste handling and store it in a chemical fume hood. Place all disposable items that come in contact with biological specimens in a biohazard autoclave bag which is maintained in an appropriate covered container until autoclaved. Unshielded needles, pipette tips and disposable syringes with attached needles must be placed in a sharps container and autoclaved when the container is full. Wipe down all surfaces potentially exposed to biological samples with a freshly prepared bleach solution (10% dilution of commercial sodium hypochlorite or the equivalent) each day. Non-disposable glassware or other equipment that comes into contact with biological samples must be rinsed with bleach before cleaning and reuse.

### **3 COMPUTERIZATION; DATA SYSTEM MANAGEMENT**

a. ***Software and knowledge requirements.***

This method has been validated using a two-step of solid-phase extraction (SPE) sample preparation procedure on automation systems, followed by liquid chromatography ESI-tandem mass spectrometry utilizing AB Sciex API5500 with Analyst software. Analyte concentrations can be calculated by Analyst. The results with additional information (retention times, area counts, etc.) are exported to local laboratory information management system STARLIMS. The final results and QC evaluation are performed in STARLIMS. Knowledge of, and experience with these software packages is required in performing these functions.

The sample master database is maintained in STARLIMS. Sample sequence is generated on automation systems, such as Hamilton liquid handler and Caliper Staccato systems. The analyst should upload the sequence file to STARLIMS where it is merged with the analytical results data. Contact the supervisor for emergency assistance with any custom files and databases used in this method; contact the DLS LAN manager for assistance with any DLS network problems.

b. ***Sample information.***

All samples are analyzed in runs of, typically, 96 samples including 3 blank, 6 QCs

and unknowns. Each run is recorded in STARLIMS that contains such information as Run and sample ID, date of analysis, analyst, internal standard, and special notes and observations for each run. STARLIMS containing this information has been developed by this DLS and is maintained on the intranet.

c. ***Data maintenance.***

Following the analytical (LC/MS/MS) analysis, the standards and samples are processed using Analyst software and information for each run includes sample file number, sample I.D., date and time assayed, integrated peak area counts, retention times, quantitated results, etc. These files are transferred and uploaded to STARLIMS where data are checked and QCs are evaluated. The final data are stored in STRALIMS for reporting.

d. ***Information security.***

Information security is provided at multiple levels. The data systems (such as STARLIMS) used in this work are accessed via computers that require individual login and passwords and that default to locked conditions during extended periods of nonuse. In addition, all systems and equipment are located on the Chamblee campus of CDC which has restricted access with security personnel approving all entry. Furthermore, the individual laboratory building has multiple levels of controlled access including the requirement for card keys to access the building itself, and also the individual floors where the equipment is located. Confidentiality of the results is protected by use of blind coded ID numbers only (no personal identifiers are ever used).

#### **4 COLLECTION, STORAGE, AND HANDLING PROCEDURES; CRITERIA FOR SPECIMEN REJECTION**

a. ***Special requirements.***

There are no special requirements such as fasting or adherence to special diets for this assay.

b. ***Sample collection.***

The specimen for these analyses is human urine. Samples are collected in standard urine collection cups or vials (note: cups and all other materials contacting samples should be pre-screened and approved by this laboratory before they are used to avoid background contamination issues). Samples should be refrigerated as soon as possible after collection, and frozen for longer term storage. The sample should be well-mixed, and placed in an appropriate vial (e.g. Nalgene Cryogenic Tube, sterile, 5.0mL), and the tubes capped securely. Be careful not to overfill the tube (maximum volume of approximately 4 mL for 5 mL vials) to allow for expansion in the freezer.

c. ***Sample handling.***

Specimen handling conditions for urine samples including general collection and transport requirements are outlined in the DLS protocol for urine collection and handling (available from this laboratory or the DLS specimen handling activity). In general, urine samples should be frozen at approximately  $-20^{\circ}\text{C}$  and shipped with dry ice by overnight air. A packing list must be included with the samples, and the laboratory (or the specimen handling group) should be notified before shipment. Unless special arrangements are made, shipment schedules should avoid having samples arrive at CDC on the weekends or holidays since sample handling at those times may not be appropriate. After receipt, samples are stored frozen at approximately  $-20^{\circ}\text{C}$ , or in some cases at  $-70^{\circ}\text{C}$  for long-term storage.

d. ***Sample quantity.***

A minimum of 1 ml of urine is needed for the analysis. The optimum volume is approximately 1.5 ml of urine for accurate dispensing by robotic automation system.

e. ***Unacceptable specimens.***

Criteria for defining a sample as unacceptable include (1) use of improper collection materials or techniques leading to elevated background contamination; (2) sample volumes less than the required minimum; or (3) improper shipment or storage of samples leading to thawing, leaking, sleeve cracking or similar problems. All samples are logged in at receipt and problems with storage or shipment are identified at that point. Inadequate volumes will generally be identified when the samples are thawed for analysis. If a sample must be rejected as unacceptable, a description of the problem must be entered into the database and associated with that sample.

f. ***Long-term stability.***

Long-term stability results are currently under investigation for these analytes. Until more information is available, samples should be stored dry at  $\leq -50^{\circ}\text{C}$  and protected from light for long term storage.

## **5 PROCEDURES FOR MICROSCOPIC EXAMINATIONS; CRITERIA FOR REJECTION OF INADEQUATELY PREPARED SLIDES**

Not applicable for this procedure.

## **6 PREPARATION OF REAGENTS, CALIBRATORS (STANDARDS), CONTROLS, AND ALL OTHER MATERIALS; EQUIPMENT AND INSTRUMENTATION**

Note: Class A glassware such as pipettes and volumetric flasks are used for preparation of methanol stock solutions including native HCAA and isotopically labeled HCAA methanol stock solutions. Class A plastic volumetric flasks and calibrated automatic pipettes are used for preparation of all of standard solutions,

QC and PT samples that are dissolved in the media with over 50% (v/v) of water, and the prepared solutions should be stored in polypropylene plastic containers. The accuracy of balances, and automated pipettes should be confirmed at least annually.

a. ***Solvents and reagents handling.***

- (1) HCAA are probable or possible human carcinogens and suitable protective clothing, gloves and eye/face protection must be utilized. It can be harmful if inhaled, swallowed or absorbed through the skin, and should only be used in a chemical safety hood. If contact occurs, flush area immediately with copious amounts of water.
- (2) Sodium Hydroxide – this is a very caustic base, corrosive to all tissues. It is used to adjust the pH of urine samples. It generates considerable heat when mixed with water or an acid. It is nonflammable but would be harmful if inhaled or swallowed. Safety glasses and gloves must be worn while working with this reagent.
- (3) Formic Acid - this is used to adjust the pH of the washing solution for sample cleanup. It will burn skin tissue and is harmful if inhaled or swallowed. If exposure occurs, flush the area with copious amounts of water. Always wear protective clothing and safety glasses when working with this reagent.
- (4) Methylene chloride - this solvent is chemically stable and relatively unreactive. It poses a relatively low hazard. It is not flammable, but the vapor can be irritating to the eyes, nose and throat, and skin or eye contact with the liquid should be avoided. Flush copiously with water if any contact should occur. Evaporation of significant volumes of this solvent must be performed in the Savant evaporator, or in a chemical fume hood.
- (5) Methanol - this solvent is used to pre-condition SPE columns. It is toxic by ingestion, inhalation and skin absorption. It may cause acidosis, blindness and death. It is also flammable. Evaporation of significant volumes of this solvent must be performed in the Turbovap, Savant evaporator or in a chemical fume hood. Safety glasses and gloves must be worn when handling this solvent.
- (6) Acetonitrile - used as a mobile phase for LC. It is toxic by ingestion, inhalation and skin absorption, and can be a source of cyanide toxicity. It is also flammable. Evaporation of significant volumes of this solvent must be performed in the Turbovap, Savant evaporator, or in a chemical fume hood. Wear appropriate protective clothing to prevent skin exposure.
- (7) Ammonium Hydroxide - this is a caustic base, corrosive to all tissues. It is used to adjust pH of methanol solution for sample cleanup.
- (8) Biotage Evolute CX 96-well SPE plate, 30 mg
- (9) Biotage Isolute 96-well SLE plate, 400  $\mu$ L



b. ***Stock reagent preparation***

See appendix A

c. ***Calibration materials***

See appendix B

d. ***Controls.***

1. ***Quality control materials. (QCL, QCH)*** There are two quality control pools for the urinary HCAA assay. Pools QCL and QCH represent the low and high HCAA quality control pools for HCAA analysis. Pools QCL and QCH were prepared in house by spiking blank urine with HCAA standards. Pools were pooled, mixed well and 4.0 ml aliquots were dispensed into appropriate sample tubes and frozen at approximately -70°C.
2. ***Proficiency testing materials. (Level 1, Level 2 and Level 3.)*** These materials are prepared from synthetic urine (for harman and norharman) or blank urine pool (for other HCAA) spiked at known levels with HCAAs. Three pools are prepared at known concentration levels with target amounts of approximately 40, 100 and 150 pg/ml for AC, MeAC, Trp-P-1, Trp-P-2, Glu-P-1, Glu-P-2, IQ, PhIP; 400, 1000, 1500 pg/ml for harman and norharman. The pools are stored at approximately -70°C and labeled with blind-coded sample ID. Five aliquots of all 3 pools are analyzed by the standard procedure at least twice a year. The coded results are reviewed by DLS personnel not involved in the analysis to confirm acceptable method performance.

e. ***Major Instrumentation and Other Equipment.***

Liquid Handler. Hamilton MicroLab STAR, 8-channel, deepwell plate carrier.

Automation system. Caliper Staccato: Sciclone, 2D Fluidx barcode reader, Fluidx decapper, Hettich centrifuge, Inheco IVD, plate sealer, Biotage Turbovap.

HPLC. Shimadzu LC-30AD module which consists of degasser, binary pump, SIL-30AC autosampler, LC-20AD pump and CTO-30A column oven.

Mass Spectrometer. AB Sciex API 5500 Triple Quad Tandem Mass Spectrometer with electrospray interface.

Data System. Dell Optiplex 960 or the equivalent using Windows XP and AB Sciex Analyst software v. 1.6 or higher version.

## 7 CALIBRATION AND CALIBRATION VERIFICATION PROCEDURES

### a. *Cleaning and instrument tune procedure.*

For automation systems (Hamilton STAR and Caliper Staccato), calibration is performed periodically following manufacturer's procedure. For LC/MS/MS instrument, the inlet skimmer plate is removed and the system front end is cleaned at the sign of the buildup of stain. Periodically the system calibration is confirmed by infusing a polypropylene glycol (PPG) tune solution provided by AB Sciex. Overall performance and complete mass calibrations with PPGs are conducted at each preventive maintenance (2/year), following significant repairs or other changes to the instrument, and on other occasions as indicated.

### b. *Calibration Curve*

A calibration curve for this assay is based on the analysis of the standard set described in Section 6.c. A set of eleven standards ranging in values from zero to approximately 4 ng/mL for AC, MeAC, Trp-P-1, Trp-P-2, Glu-P-1, Glu-P-2, IQ, PhIP and zero to 40 ng/ml for harman and norharman are analyzed in duplicate in the forward and the reverse direction prior to the start of each sample run. After adjusting for dilution, the corresponding urine calibration curves are tabulated in the following table. The calibration ranges for this method cover ranges of values from the limit of detection (LOD) to concentrates highlighted in urine calibration curves (Following Table).

|   | Level 0 | Level 1 | Level 2 | Level 3 | Level 4 | Level 5 | Level 6 | Level 7 | Level 8 | Level 9 | Level 10 |
|---|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|
| Concentrations in water standard (pg/ml)      |         |         |         |         |         |         |         |         |         |         |          |
| AC  | 0       | 9.83    | 19.7    | 39.3    | 98.3    | 196.6   | 393.2   | 983     | 1474.5  | 1966    | 3932     |
| MeAC  | 0       | 10      | 20      | 40      | 100     | 200     | 400     | 1000    | 1500    | 2000    | 4000     |
| Trp-P-1                                       | 0       | 7.79    | 15.58   | 31.16   | 77.9    | 155.8   | 311.6   | 779     | 1168.5  | 1558    | 3116     |
| Trp-P-2                                       | 0       | 6.73    | 13.45   | 26.91   | 67.27   | 134.5   | 269.1   | 673     | 1009    | 1345    | 2691     |
| Glu-P-1                                       | 0       | 7.34    | 14.68   | 29.36   | 73.4    | 146.8   | 293.6   | 734     | 1101    | 1468    | 2936     |
| Glu-P-2                                       | 0       | 6.63    | 13.26   | 26.52   | 66.3    | 132.6   | 265.2   | 663     | 994.5   | 1326    | 2652     |
| IQ  | 0       | 10      | 20      | 40      | 100     | 200     | 400     | 1000    | 1500    | 2000    | 4000     |
| PhIP  | 0       | 10      | 20      | 40      | 100     | 200     | 400     | 1000    | 1500    | 2000    | 4000     |
| Harman  | 0       | 100     | 200     | 400     | 1000    | 2000    | 4000    | 10000   | 15000   | 20000   | 40000    |
| Norharman                                     | 0       | 100     | 200     | 400     | 1000    | 2000    | 4000    | 10000   | 15000   | 20000   | 40000    |
| Corresponding concentrations in urine (pg/ml) |         |         |         |         |         |         |         |         |         |         |          |
| AC  | 0       | 0.983   | 1.97    | 3.93    | 9.83    | 19.7    | 39.3    | 98.3    | 147     | 197     | 393      |
| MeAC  | 0       | 1       | 2       | 4       | 10      | 20      | 40      | 100     | 150     | 200     | 400      |
| Trp-P-1                                       | 0       | 0.78    | 1.56    | 3.12    | 7.79    | 15.58   | 31.16   | 77.90   | 116.85  | 155.80  | 311.6    |
| Trp-P-2                                       | 0       | 0.67    | 1.35    | 2.69    | 6.73    | 13.45   | 26.91   | 67.27   | 100.90  | 134.53  | 269.1    |
| Glu-P-1                                       | 0       | 0.73    | 1.47    | 2.94    | 7.34    | 14.68   | 29.36   | 73.40   | 110.10  | 146.80  | 293.6    |
| Glu-P-2                                       | 0       | 0.66    | 1.33    | 2.65    | 6.63    | 13.26   | 26.52   | 66.30   | 99.45   | 132.60  | 265.2    |
| IQ  | 0       | 1       | 2       | 4       | 10      | 20      | 40      | 100     | 150     | 200     | 400      |
| PhIP  | 0       | 1       | 2       | 4       | 10      | 20      | 40      | 100     | 150     | 200     | 400      |
| Harman  | 0       | 10      | 20      | 40      | 100     | 200     | 400     | 1000    | 1500    | 2000    | 4000     |
| Norharman                                     | 0       | 10      | 20      | 40      | 100     | 200     | 400     | 1000    | 1500    | 2000    | 4000     |

### c. **Verification**

**Initial.** The initial accuracy of this method was established by analyzing a series of pure standards prepared as described above. The ratio of native and labeled HCAA area counts was regressed on concentration ratio using 1/X weighting using AB Sciex system software Analyst. The resulting calibration curves were linear up to the highest concentrations, and R-squared values were typically > 0.98.

**Daily.** Prior to assaying each run of unknowns, the results from standard analyses are reviewed for acceptable accuracy, precision and instrument sensitivity. The results from the 22 calibration standards analyzed prior to each run are reviewed daily. Acceptable back-calculated values for standards above the detection limit are typically in the range of nominal concentration  $\pm 10\%$  for high standards (Level 6-10) and  $\pm 20\%$  for low standards (Level 1-5).

## 8 **PROCEDURE OPERATING INSTRUCTIONS; CALCULATIONS; INTERPRETATION OF RESULTS**

When the run is prepared, each sample or control is assigned an alphanumeric laboratory ID with a seven-character prefix, and a three-digit suffix in the format XXXXXXX-nnn, where XXXXXXX is the run designation (e.g., UHAA001) and -nnn is the sample's position in the run (e.g., 096). These working ID numbers are linked to the original IDs (sample barcode) in the sample database. Three of Water blanks, the low bench QCs and the high bench QCs are included in each run. Water blanks, the low bench QCs, the high bench QCs and unknown samples are distributed in 96 well plate in the following format:

|   | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  | 12  |
|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| A | BLK | UNK | UNK | UNK | UNK | UNK | QCH | UNK | UNK | UNK | BLK | UNK |
| B | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK |
| C | UNK | UNK | QCL | UNK | UNK | UNK | UNK | UNK | QCL | UNK | UNK | UNK |
| D | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK |
| E | QCH | UNK | UNK | UNK | BLK | UNK | UNK | UNK | UNK | UNK | UNK | UNK |
| F | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK |
| G | UNK | UNK | UNK | UNK | QCL | UNK | UNK | UNK | UNK | UNK | QCH | UNK |
| H | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK | UNK |

BLK: water blank  
QCH: high bench QC  
QCL: the low bench QC  
UNK: unknown samples

Standards run with the samples will be named corresponding to the study. Standards IDs are HAA\_STD\_level XX (where XX ranges from 0 to 10) in STARLIMS. Each run should have two different standards sets associated with it. Both the sample run number and standards run numbers should be recorded on the daily instrument log.

a. **Sample Preparation**

See appendix C

b. **LC/MS/MS Analysis**

1. The LC mobile phase A contains 0.05% ammonium hydroxide in water (pH = 10.5). The mobile phase B is 100% acetonitrile. Prepare the mobile phase A stock as needed and discard old stock after one week. Equilibrate the column at least 15 minutes prior to starting the run for the day.
2. Operate the ESI source of the API 5500 mass spectrometer in the positive ion mode with the following parameters: IonSpray voltage at 2000 V, source heater temperature at 650 °C, curtain gas at 35 psi, ion Source gas 1 at 60 psi, ion Source gas 2 at 70 psi, and collision gas at high level. Record all LC/MS/MS data in MRM (multiple reaction monitoring) mode. Data of following ion transitions are recorded. The total run time is 12 min. Set the analytical quadrupole to unit resolution. Optimize the compound-related mass spectrometric parameters for each individual ion transition as listed below.

|           |                       | Precursor ions (m/z) | Product ions (m/z) | DP (V) | EP (V) | CE (V) | CXP (V) |
|-----------|-----------------------|----------------------|--------------------|--------|--------|--------|---------|
| Harman    | Quantitation ion      | 183.1                | 115.0              | 260    | 10     | 68     | 14      |
|           | Confirmation ion      | 183.1                | 88.9               | 260    | 10     | 63     | 14      |
|           | Internal standard ion | 186.1                | 117.1              | 260    | 10     | 68     | 14      |
| NorHarman | Quantitation ion      | 169.1                | 115.1              | 170    | 10     | 82     | 14      |
|           | Confirmation ion      | 169.1                | 88.9               | 170    | 10     | 105    | 10      |
|           | Internal standard ion | 176.2                | 120.0              | 170    | 10     | 82     | 14      |
| AC        | Quantitation ion      | 184.1                | 167.1              | 51     | 10     | 31     | 22      |
|           | Confirmation ion      | 184.1                | 140.0              | 51     | 10     | 43     | 20      |
|           | Internal standard ion | 187.0                | 169.1              | 51     | 10     | 31     | 22      |
| MeAC      | Quantitation ion      | 198.1                | 181.1              | 36     | 10     | 31     | 16      |
|           | Confirmation ion      | 198.1                | 127.1              | 36     | 10     | 53     | 12      |
|           | Internal standard ion | 201.1                | 184.1              | 36     | 10     | 31     | 16      |
| IQ        | Quantitation ion      | 199.1                | 184.1              | 56     | 10     | 35     | 18      |
|           | Confirmation ion      | 199.1                | 157.1              | 56     | 10     | 47     | 12      |
|           | Internal standard ion | 202.2                | 184.2              | 56     | 10     | 35     | 18      |
| Trp-P-1   | Quantitation ion      | 212.1                | 167.1              | 41     | 10     | 55     | 16      |
|           | Confirmation ion      | 212.1                | 195.0              | 41     | 10     | 32     | 16      |
|           | Internal standard ion | 215.1                | 168.0              | 41     | 10     | 55     | 16      |

|         |                       |       |       |     |    |    |    |
|---------|-----------------------|-------|-------|-----|----|----|----|
| Trp-P-2 | Quantitation ion      | 198.1 | 181.1 | 36  | 10 | 31 | 16 |
|         | Confirmation ion      | 198.1 | 127.0 | 36  | 10 | 53 | 12 |
|         | Internal standard ion | 201.1 | 183.1 | 36  | 10 | 31 | 16 |
| Glu-P-1 | Quantitation ion      | 199.1 | 92.0  | 121 | 10 | 45 | 12 |
|         | Confirmation ion      | 199.1 | 172.1 | 121 | 10 | 34 | 12 |
|         | Internal standard ion | 202.0 | 92.0  | 121 | 10 | 45 | 12 |
| Glu-P-2 | Quantitation ion      | 185.1 | 168.1 | 126 | 10 | 35 | 10 |
|         | Confirmation ion      | 185.1 | 78.0  | 126 | 10 | 49 | 10 |
|         | Internal standard ion | 188.1 | 171.1 | 126 | 10 | 35 | 10 |
| PhIP    | Quantitation ion      | 225.1 | 210.1 | 111 | 10 | 39 | 28 |
|         | Confirmation ion      | 225.1 | 115.0 | 111 | 10 | 61 | 10 |
|         | Internal standard ion | 228.2 | 210.1 | 111 | 10 | 39 | 28 |

CE = collision energy; CXP = collision cell exit potential; DP = declustering potential; EP = entrance potential. (Note: the parameters for Harman and NorHarman have been detuned to avoid saturating detector)

- HPLC separation is achieved using a Zorbax Eclipse Plus C18 2.1×100 mm 3.5 µm or the equivalent, purchased from Agilent (Santa Clara, CA). The column is eluted with the following linear gradient of H<sub>2</sub>O (0.05% Ammonium hydroxide; eluent A) and ACN (eluent B) at a flow rate of 0.4 ml/min. The third pump is 100% acetonitrile with flow rate 0.20ml/min. An injection volume of 10 µL of extracted samples is applied on LC/MS/MS for analysis. The injection volumes of water standards are listed in the appended table at Page 31.
- A typical LC gradient program is as follows:

Flow rate: 0.4 ml/min

| Time  | Eluent A | Eluent B |
|-------|----------|----------|
| min   | %        | %        |
| 0     | 95       | 5        |
| 5     | 64       | 36       |
| 6.5   | 64       | 36       |
| 7.5   | 2        | 98       |
| 10    | 2        | 98       |
| 10.01 | 95       | 5        |
| 12    | 95       | 5        |

- Prior to performing a run, inject the 2<sup>nd</sup> HCAA standard to determine accurate

system operation and suitable sensitivity.

6. Immediately after the run, wash the LC column using 100 % acetonitrile for overnight and place the system in standby.

c. **Data Processing**

1. The peak integration is automatically performed by Analyst software.
2. After the sample is quantitated by Analyst software, check each peak integration result and manually re-integrate where it is needed.
3. After the quantitation result file is generated, export the file to STARLIMS where blank mean subtraction is performed and QCs are evaluated. Sample repeats are also generated in STARLIMS.

d. **Calculations**

The results are reported in pg/mL urine or it can be expressed relative to the urine creatinine value when available:  $\text{HCAA (pg/ml) / Creatinine (ng/ml)} = \text{HCAA pg/ng creatinine}$ .

## 9 REPORTABLE RANGE OF RESULTS

a. **Linearity Limits**

Samples are obtained from both smokers and non-smokers. Therefore, a broad range of urine HCAA levels can be expected. If the value of a sample exceeds the highest concentrations of calibration ranges, the sample is repeated using a smaller sample aliquot and re-analyzed.

b. **Limit of Detection**

The LOD of AC, MeAC, Trp-P-1, Trp-P-2, Glu-P-1, Glu-P-2, IQ, PhIP and harman and norharman were determined by analyzing 4 to 5 low urine pools at the following concentrations for each analyte. Each pool was analyzed over 30 times. The standard deviation was plotted against the concentrations. LOD are calculated according to Policies and Procedures Manual of DLS.

|         | Low urine pools (pg/ml) |       |      |      |      |
|---------|-------------------------|-------|------|------|------|
| AC      | 0.49                    | 0.983 | 1.97 | 3.93 | 9.83 |
| MeAC    | 0.5                     | 1     | 2    | 4    | 10   |
| Trp-P-1 | -                       | 0.78  | 1.56 | 3.12 | 7.79 |
| Trp-P-2 | -                       | 0.67  | 1.35 | 2.69 | 6.73 |
| Glu-P-1 | -                       | 0.73  | 1.47 | 2.94 | 7.34 |
| Glu-P-2 |                         | 0.66  | 1.33 | 2.65 | 6.63 |
| IQ      | 0.5                     | 1     | 2    | 4    | 10   |
| PhIP    | 0.5                     | 1     | 2    | 4    | 10   |

|             |   |    |    |    |     |
|-------------|---|----|----|----|-----|
| Harman *    | - | 10 | 20 | 40 | 100 |
| Norharman * | - | 10 | 20 | 40 | 100 |

\*Harman and norharman were prepared in the synthetic urine because of high endogenic harman and norharman in the urine pools.

The estimated LOD are summarized as follows:

|           | LOD (pg/ml) |
|-----------|-------------|
| AC        | 0.62        |
| MeAC      | 0.33        |
| Trp-P-1   | 0.79        |
| Trp-P-2   | 0.63        |
| Glu-P-1   | 0.31        |
| Glu-P-2   | 0.83        |
| IQ        | 0.37        |
| PhIP      | 0.34        |
| Harman    | 4.59        |
| Norharman | 12.6        |

c. **Precision**

Short-term precision was estimated by the repetitive analysis of three levels of spiked urine samples. 4-8 replicates were used to evaluate intra-day precision, and the inter-day precision was estimated over a period of 3 -6 days with daily analyses of the same urine pools. The precision study was performed for total HCAA analysis. (Appendix D)

d. **Accuracy**

Accuracy was estimated by the repetitive analysis of three levels of spiked urine samples. 4-8 replicates were used to evaluate intra-day accuracy, and the inter-day accuracy was estimated over a period of 3-6 days with daily analyses of the same urine pools. The accuracy study was performed for total HCAA analysis. (Appendix D)

e. **Analytical Specificity**

Analytical specificity in this method is mainly conferred through the use of tandem mass spectrometry which is a very specific technique. Further assurance of the identity of the analyte in unknowns is provided by comparison of retention times of the unknowns in HPLC with that observed with standards; by coelution of the analyte with the labeled internal standard; and by the calculation of appropriate confirmation ion ratios.

f. **Carryover**

Carryover effects in urine samples were evaluated by injections of urine samples at the highest quantification levels followed by blank urine samples. No carryover was observed between samples in these evaluations. Samples higher than the highest quantification levels are subject to be repeated in dilution. The following sample will be repeated too.

g. **Freeze-Thaw and Storage Stability**

Freeze (–70 °C)–thaw (room temperature) stability was estimated by exposing of spiked urine samples to four freeze–thaw cycles before sample preparation. Stability at room temperature was evaluated by keeping urine samples at room temperature for 24 hrs before sample preparation. Stability of extracted samples in autosampler was estimated by keeping extracted samples in 15 °C autosampler for 24 hrs before analysis. Stability study demonstrated no significant degradation of HCAA following four freeze-thaw cycles, at room temperature for 24 hrs and at autosampler for 24 hrs. (see Appendix E).

h. **Ruggedness validation**

The following four factors that may influence the accuracy of the method were tested for ruggedness validation:

1. % of ammonium hydroxide in LC mobile phase. The % of ammonium hydroxide was examined at 0.03%, 0.05%, 0.08%. 0.05% ammonium hydroxide was used in the final method (see Appendix F).
2. The incubation time course for HCAA hydrolysis. A lower level and an upper level of incubation time were chosen to examine their influence to the analysis. (see Appendix F).
3. % of methanol in the washing solution for MCX step. 20, 30%, or 40% methanol in water with 2% ammonia hydroxide were prepared and 30% methanol in water with 2% ammonia hydroxide was used in the final method (see Appendix F).
4. % of Formic acid in the washing solution for MCX step. 1% 2%, and 3% formic acid in methanol were prepared and 2% formic acid in methanol was used in in the final method (see Appendix F).

i. **Influence of urine matrix on calibration curve**

The calibration curves built with urine matrix after sample extraction were run in parallel with calibration curves built with water. The averages of the slopes of calibration curve for urine matrix or water matrix were compared to evaluate the influence of matrix effect. The difference is less than 5% for the slopes of calibration curves between two different matrixes, which indicates that urine matrix would not influence the quantification of HCAA by using calibration curve prepared in the water (see Appendix G)



## 10 Quality Assessment and Proficiency Testing

Two human urine pools containing high level and low level of HCAA are used as QC in this analysis. All pools were subjected to an initial characterization run series with at least 20 replicates over more than 2-week of period. The preparation of these pools was described previously in section 6.1. In addition, water blanks are included in all sample runs.

### a. **QUALITY CONTROL (QC) PROCEDURES**

1. Relatively low concentrations of harman and norharman are detected in water blanks (<20 pg/ml) due to trace of harman and norharman in distilled water used for sample preparation. Other HCAAs in water blank are typically negative or below LOD for the method (non-detectable). If a calculated concentration of any amount is obtained, the blank value will be subtracted from the sample value.
2. For the bench QC, the run is rejected if any pool is outside of the 3-sigma limits of the mean, or if any two pools are outside of 2-sigma limits in the same direction. All data are periodically batched and analyzed by using the Division of Laboratory Science SAS-QC program incorporating standard criteria for analysis. Any run failing the DLS SAS QC analysis is repeated if sufficient sample volumes exist; otherwise, no quantitative results for the samples analyzed in that run are reported.
3. HCAA concentrations are checked to make certain the values are within the range of the method. The actual measured concentration must be no greater than the quantification range in standard curve; if above that limit, the sample must be diluted and reanalyzed if sufficient volume exists. In addition, expected ion ratios for confirmation and quantitation ions, the expected retention times, etc. are checked for each sample.

### b. **Proficiency Testing**

1. Proficiency testing is performed at least semi-annually. Currently, no external source of PT materials is available and there are no blank urine pools that are free of harman and norharman. Therefore, PT assays for harman and norharman are conducted using synthetic urine spiked with known amounts of harman and norharman; PT assays for other HCAA are conducted using blank urine pools spiked with known amounts of HCAA.
2. Analytical PT results are reviewed by the analyst and the supervisor. Acceptable results require that > 80% of the results agree with the target value  $\pm 25\%$ . If the assay fails PT, all analyses are stopped and the source of error is investigated. No assays will resume until the problem has been resolved and a repeat PT assay has been passed.

## 11 REMEDIAL ACTION IF CALIBRATION OR QC SYSTEMS FAIL TO MEET

## ACCEPTABLE CRITERIA

### a. **Calibration.**

System calibration and general readiness is assessed on a daily basis from a review of the instrument's operating conditions, the values for the water blanks, and the results of the pre-run standard (e.g. Internal standard area counts and calculated concentration). When corrective actions are indicated, they are performed and the system is re-evaluated with additional standards until acceptable results are obtained before any unknowns are analyzed.

### b. **Quality Control.**

If the results from analysis of QC samples are outside the acceptable limits and a reason is identified for the apparent problem, it is indicated and the run is scheduled for repeat sample preparation and analysis for samples that have sufficient quantity. If the problem is not identified, sample preparation and analysis is suspended until the problem or problems are discovered and corrected for each analyte. Any questionable sample identified by QC or individual sample evaluation that cannot be confirmed by repeat analysis is not included for the affected analyte in the reportable database of results.

## 12 LIMITATIONS OF METHOD; INTERFERING SUBSTANCES AND CONDITIONS

Some plastic materials, solvents, air and water may provide trace amounts of HCAAs, which could contribute as a contaminant to the level measured in the urine sample. Besides, some interfering substances do exist in some urine samples. However, this issue can be resolved by monitoring the confirmation ratio. In addition, the specificity of LC/MS/MS detection helps to avoid background chemical interferences with the quantitation ion.

## 13 REFERENCE RANGES (NORMAL VALUES)

Previous study showed that urinary AC levels were about 20 ng/g creatinine and 7 ng/g creatinine in smokers and non-smokers, respectively; Urinary harman levels were around 300-1400 ng/g creatinine in both smokers and non-smokers; Urinary norharman levels were around 1000-2500 ng/g creatinine in both smokers and non-smokers; Urinary PhIP levels were around 4-6 ng/g creatinine in both smokers and non-smokers; Urinary IQ levels were around 5-10 ng/g creatinine; Urinary MeAC, Glu-P-1 and Glu-P-2 could not be detected in both smokers and non-smokers (6). Since limited number of human subjects were involved in the previous study, the reference ranges of urinary HCAA may be revised based on future large scale biomonitoring studies. For our method, expected levels for urinary HCAA are currently under investigation.

## 14 CRITICAL CALL RESULTS ("PANIC VALUES")

Not applicable for this procedure.

## **15 SPECIMEN STORAGE AND HANDLING DURING TESTING**

Samples are received frozen and typically stored frozen at or below  $-20^{\circ}\text{C}$  until analysis. After samples are aliquoted, the remainder of the samples is returned to freezer at  $-70^{\circ}\text{C}$  until duplicate analysis is completed or for repeat analysis if required.

## **16 ALTERNATE METHODS FOR PERFORMING TEST OR STORING SPECIMENS IF TEST SYSTEM FAILS**

If a problem with the method exists, samples are held in the freezer until the problem can be resolved. If necessary, filtered and extracted samples ready for analysis can be stored, well-sealed, at  $-70^{\circ}\text{C}$  for at least 1 month before they are assayed.

## **17 TEST RESULT REPORTING SYSTEM; PROTOCOL FOR REPORTING CRITICAL CALLS (IF APPLICABLE)**

Not applicable at this time.

## **18 TRANSFER OR REFERRAL OF SPECIMENS; PROCEDURES FOR SPECIMEN ACCOUNTABILITY AND ATRACKING**

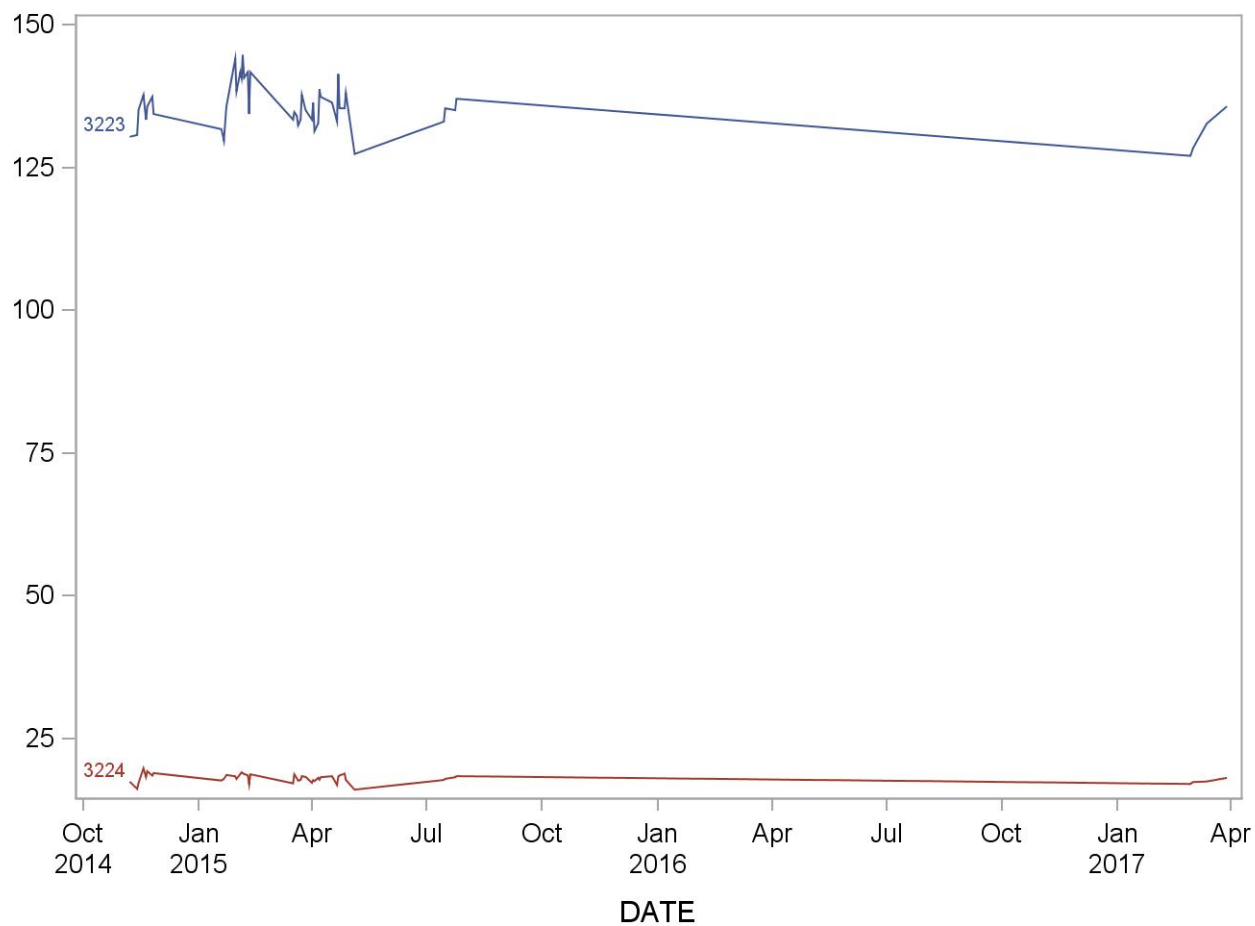
Following analysis, residual samples, if available, are held in storage at approximately  $-70^{\circ}\text{C}$  in Chamblee buildings.

## **19 SUMMARY STATISTICS AND QC GRAPHS**

See following pages.

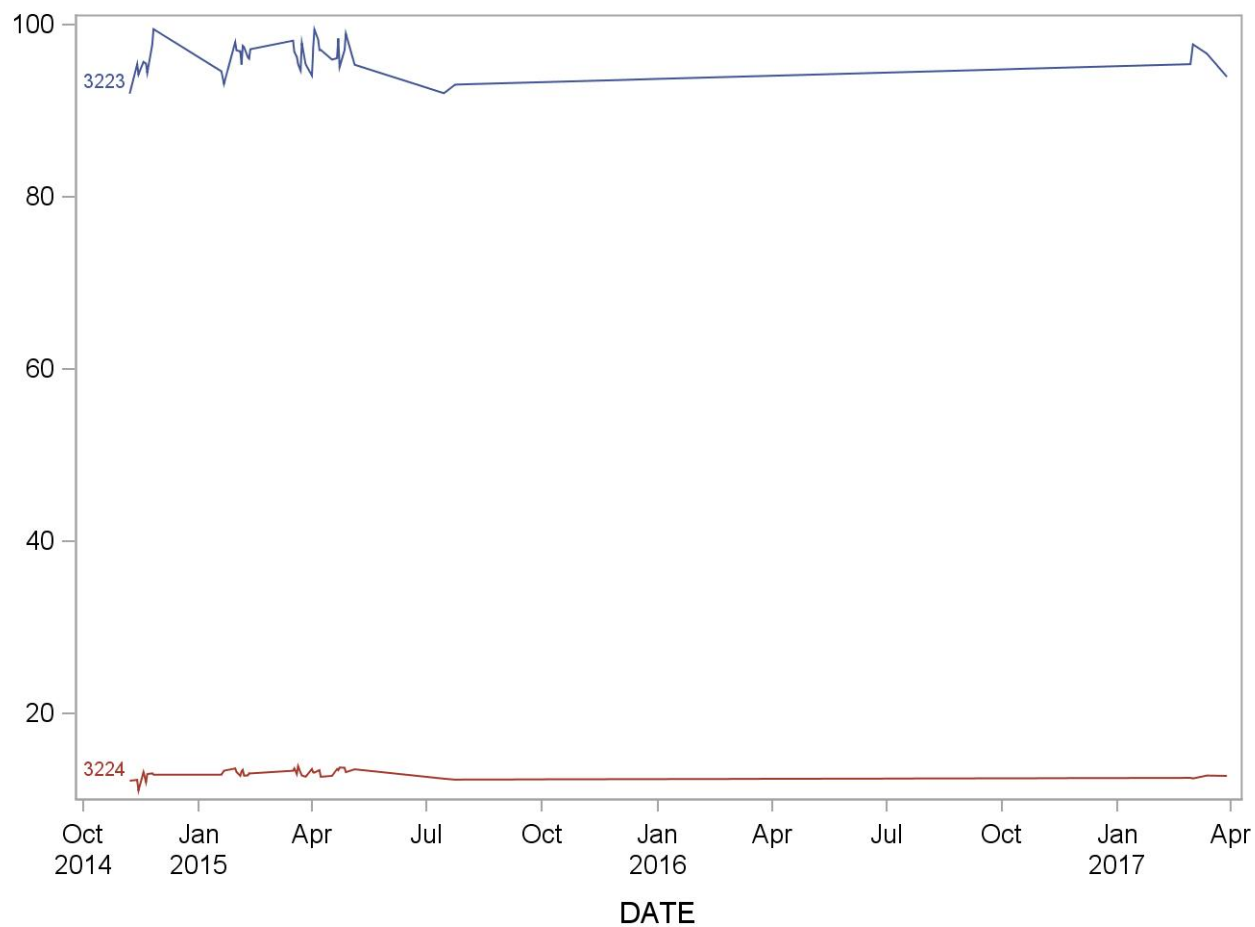
### 2013-2014 Summary Statistics and QC Chart for A-a-C (pg/mL)

|  | Lot  | N  | Start Date | End Date | Mean     | Standard Deviation | Coefficient of Variation |
|--|------|----|------------|----------|----------|--------------------|--------------------------|
|  | 3223 | 48 | 07NOV14    | 29MAR17  | 135.4097 | 4.05240            | 3.0                      |
|  | 3224 | 48 | 07NOV14    | 29MAR17  | 17.99191 | 0.76085            | 4.2                      |



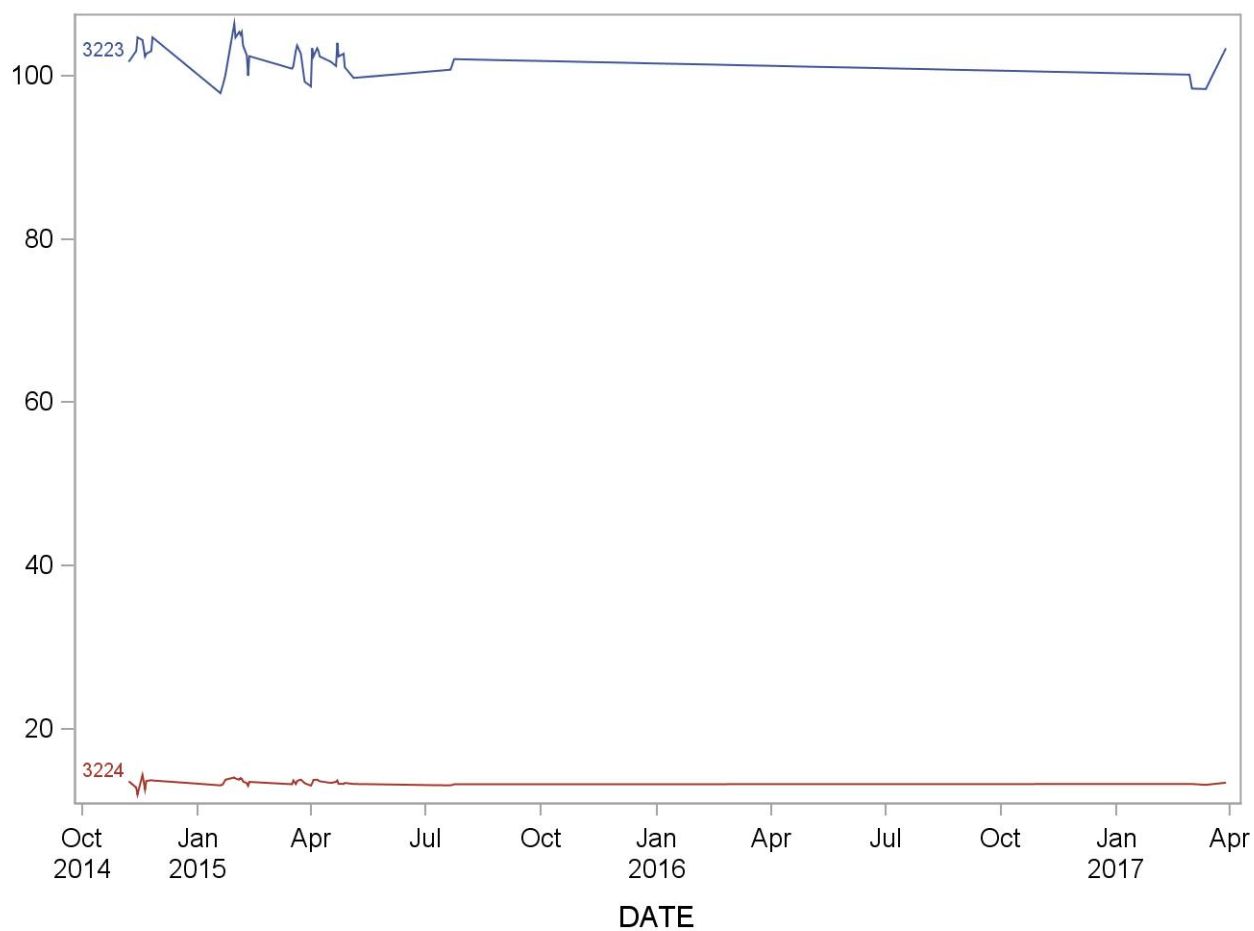
## 2013-2014 Summary Statistics and QC Chart for GLU-P2 (pg/mL)

| Lot  | N  | Start Date | End Date | Mean    | Standard Deviation | Coefficient of Variation |
|------|----|------------|----------|---------|--------------------|--------------------------|
| 3223 | 45 | 07NOV14    | 29MAR17  | 96.1474 | 1.8061             | 1.9                      |
| 3224 | 45 | 07NOV14    | 29MAR17  | 12.9709 | 0.5330             | 4.1                      |



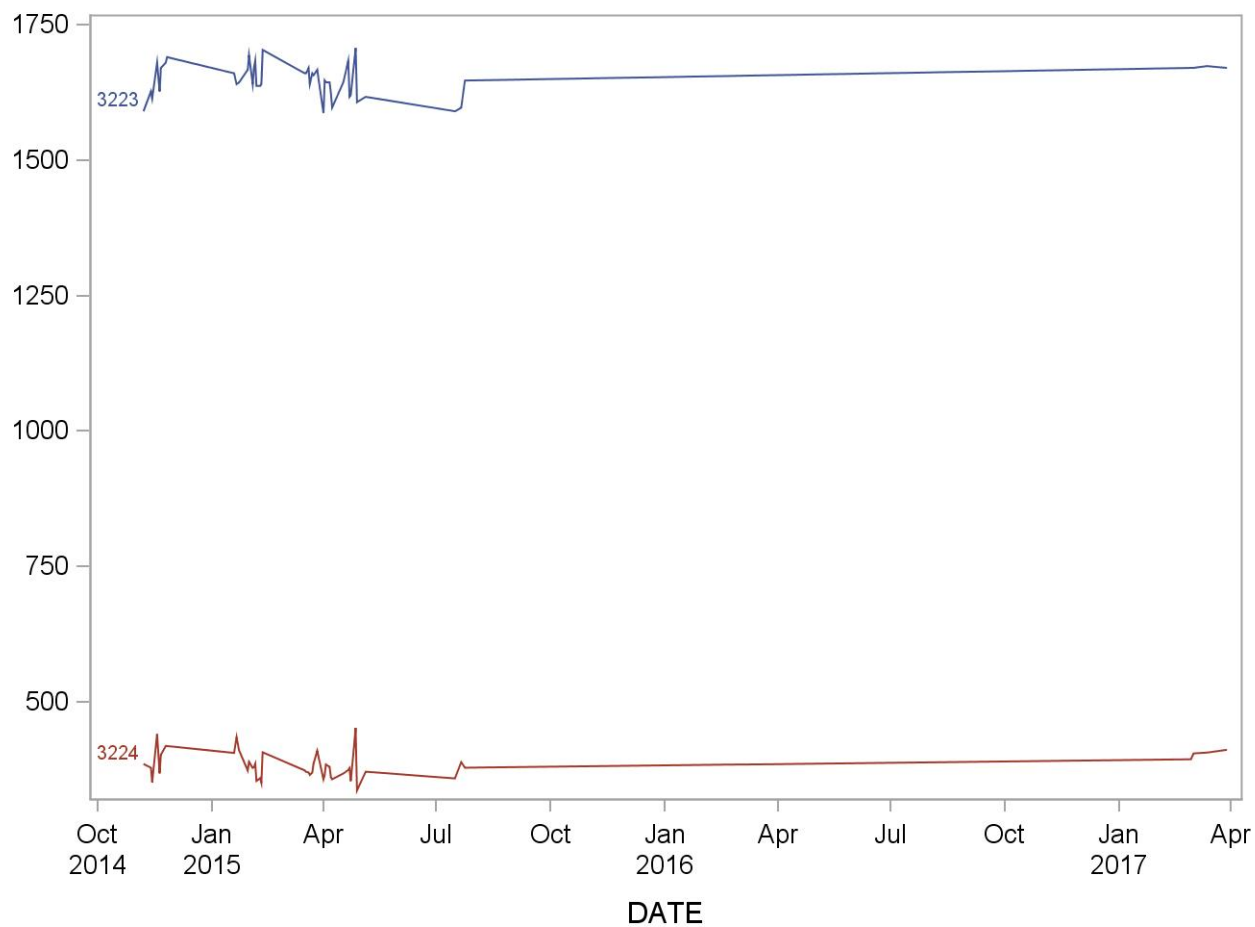
### 2013-2014 Summary Statistics and QC Chart for Glu-P1 (pg/mL)

| Lot  | N  | Start Date | End Date | Mean     | Standard Deviation | Coefficient of Variation |
|------|----|------------|----------|----------|--------------------|--------------------------|
| 3223 | 46 | 07NOV14    | 29MAR17  | 102.1775 | 2.0666             | 2.0                      |
| 3224 | 46 | 07NOV14    | 29MAR17  | 13.4274  | 0.4044             | 3.0                      |



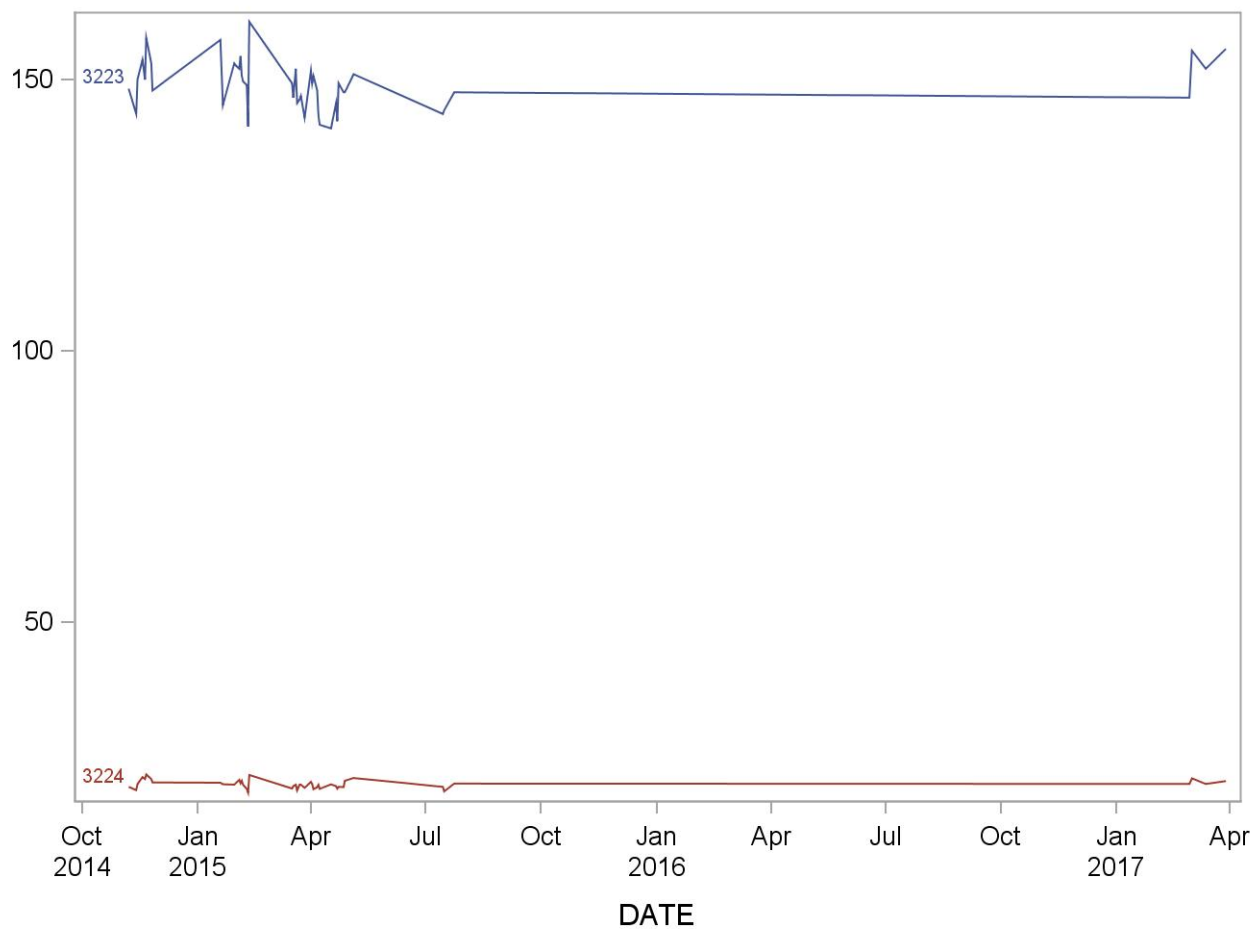
### 2013-2014 Summary Statistics and QC Chart for Harman (pg/mL)

| Lot  | N  | Start Date | End Date | Mean     | Standard Deviation | Coefficient of Variation |
|------|----|------------|----------|----------|--------------------|--------------------------|
| 3223 | 47 | 07NOV14    | 29MAR17  | 1647.943 | 30.68110           | 1.9                      |
| 3224 | 47 | 07NOV14    | 29MAR17  | 383.2267 | 25.23367           | 6.6                      |



### 2013-2014 Summary Statistics and QC Chart for IQ (pg/mL)

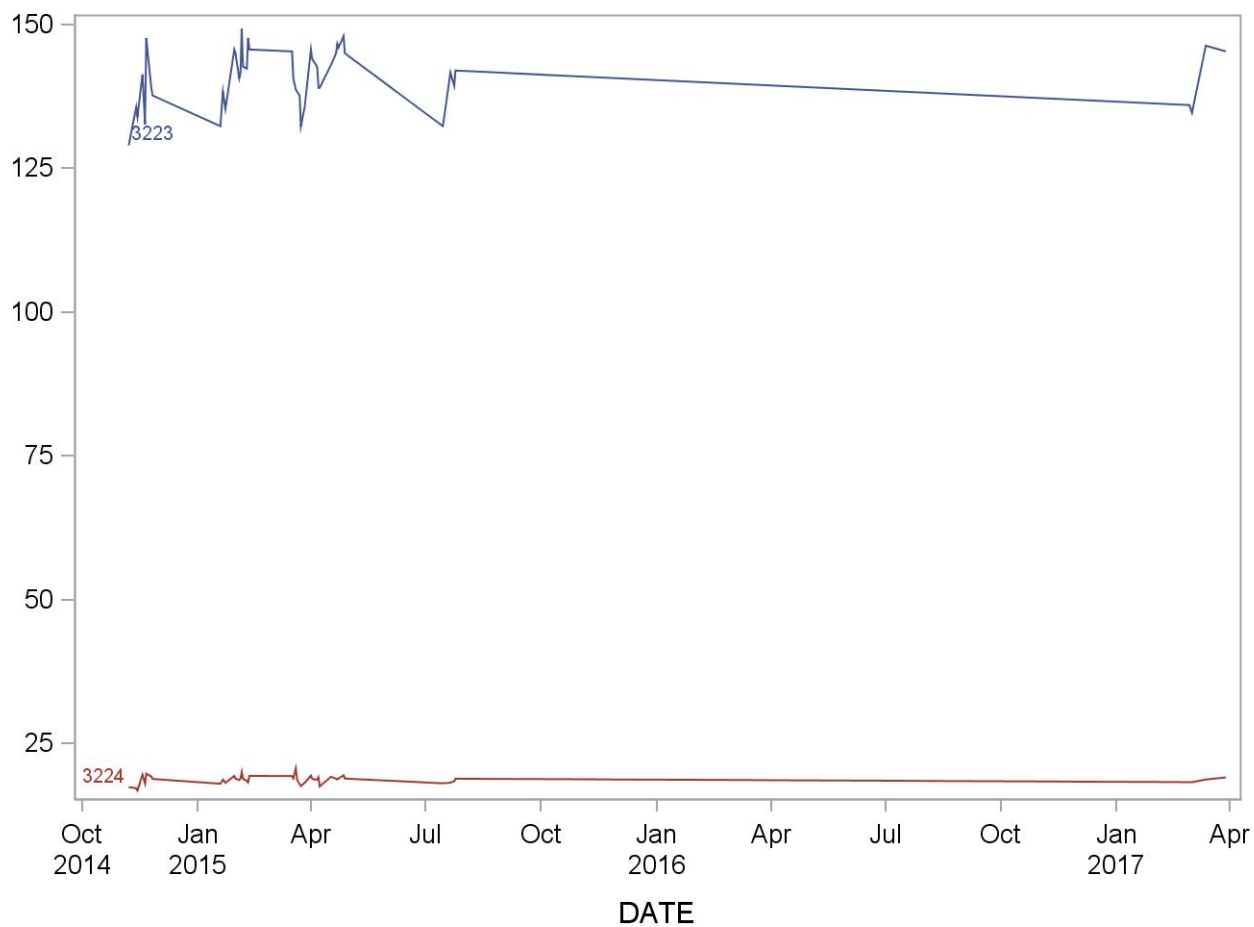
| Lot  | N  | Start Date | End Date | Mean     | Standard Deviation | Coefficient of Variation |
|------|----|------------|----------|----------|--------------------|--------------------------|
| 3223 | 46 | 07NOV14    | 29MAR17  | 149.0217 | 4.57173            | 3.1                      |
| 3224 | 46 | 07NOV14    | 29MAR17  | 20.07382 | 0.77000            | 3.8                      |





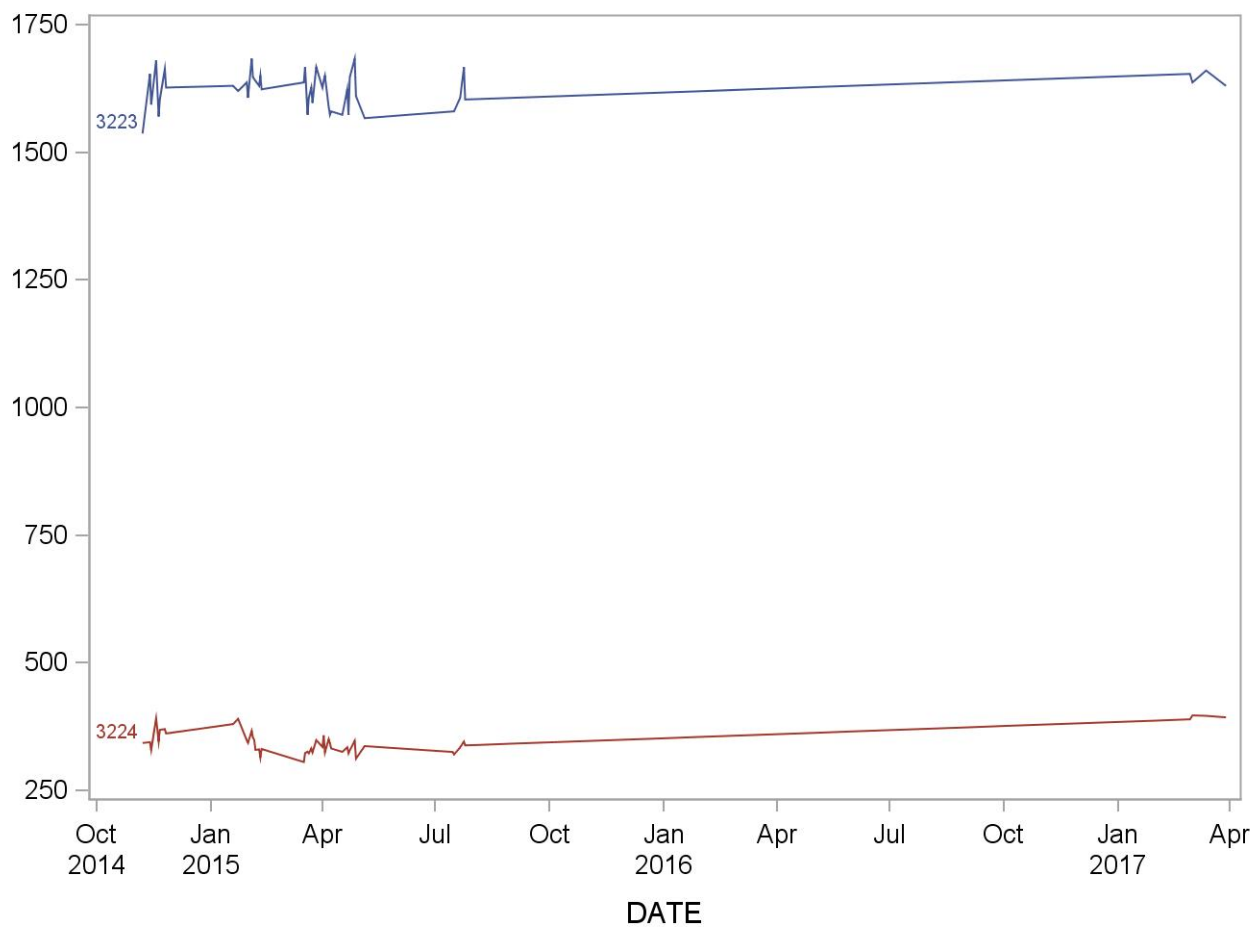
### 2013-2014 Summary Statistics and QC Chart for MeA-a-C (pg/mL)

| Lot  | N  | Start Date | End Date | Mean     | Standard Deviation | Coefficient of Variation |
|------|----|------------|----------|----------|--------------------|--------------------------|
| 3223 | 47 | 07NOV14    | 29MAR17  | 140.8014 | 5.0436             | 3.6                      |
| 3224 | 47 | 07NOV14    | 29MAR17  | 18.6840  | 0.7308             | 3.9                      |



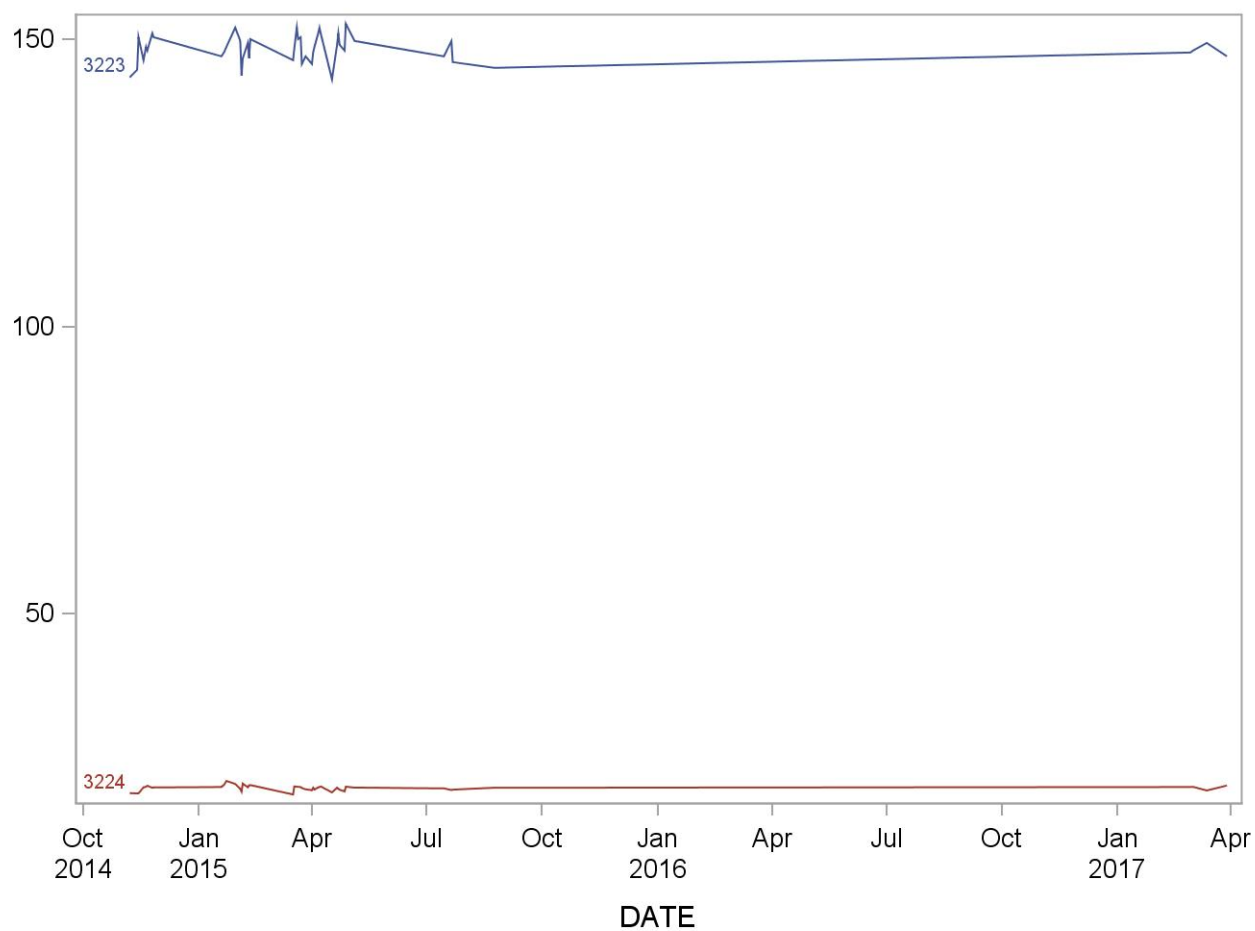
### 2013-2014 Summary Statistics and QC Chart for Norharman (pg/mL)

| Lot  | N  | Start Date | End Date | Mean     | Standard Deviation | Coefficient of Variation |
|------|----|------------|----------|----------|--------------------|--------------------------|
| 3223 | 48 | 07NOV14    | 29MAR17  | 1622.153 | 35.32015           | 2.2                      |
| 3224 | 48 | 07NOV14    | 29MAR17  | 345.1531 | 23.88361           | 6.9                      |



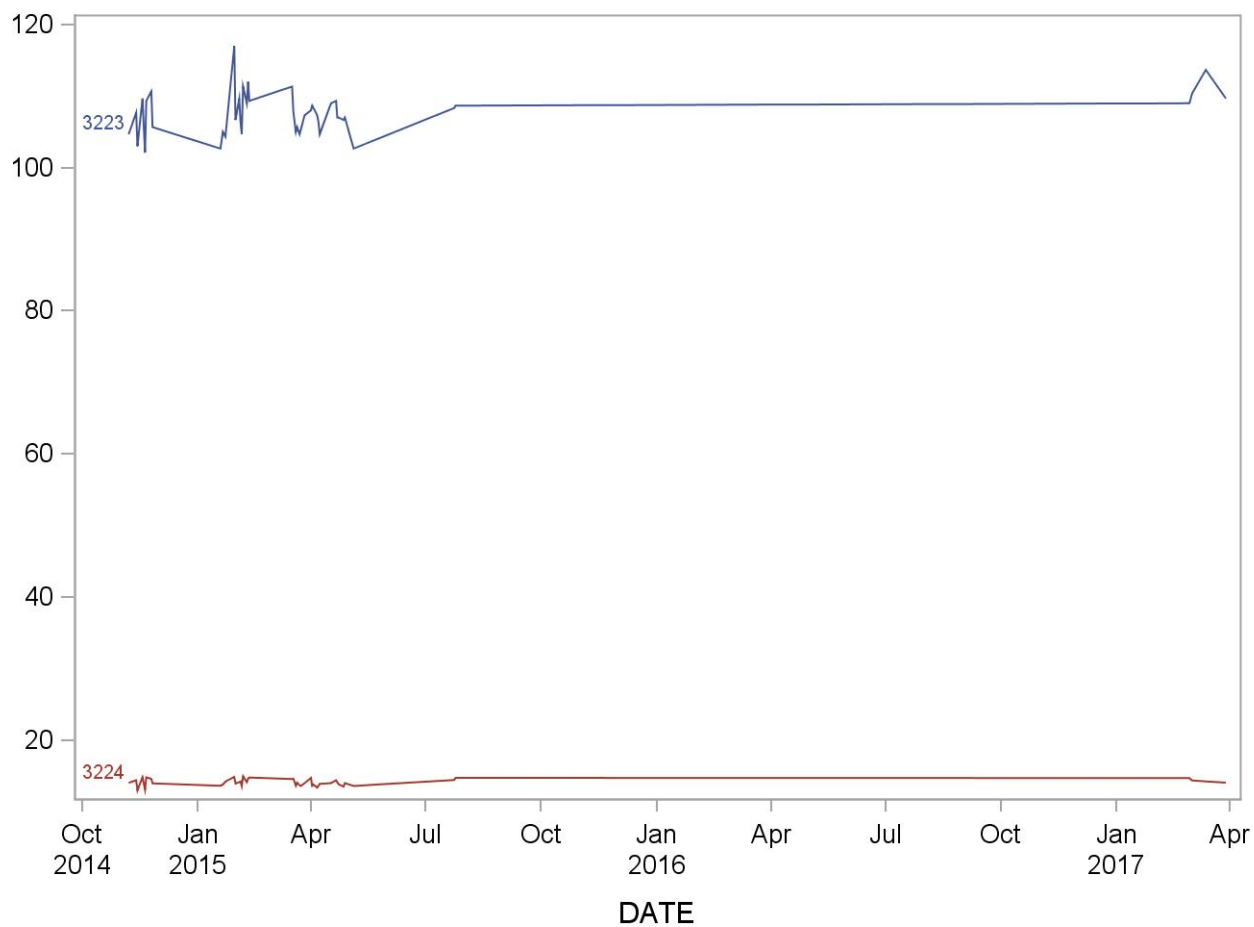
### 2013-2014 Summary Statistics and QC Chart for Ph1P (pg/mL)

| Lot  | N  | Start Date | End Date | Mean     | Standard Deviation | Coefficient of Variation |
|------|----|------------|----------|----------|--------------------|--------------------------|
| 3223 | 46 | 07NOV14    | 29MAR17  | 148.2971 | 2.3823             | 1.6                      |
| 3224 | 46 | 07NOV14    | 29MAR17  | 19.6873  | 0.4772             | 2.4                      |



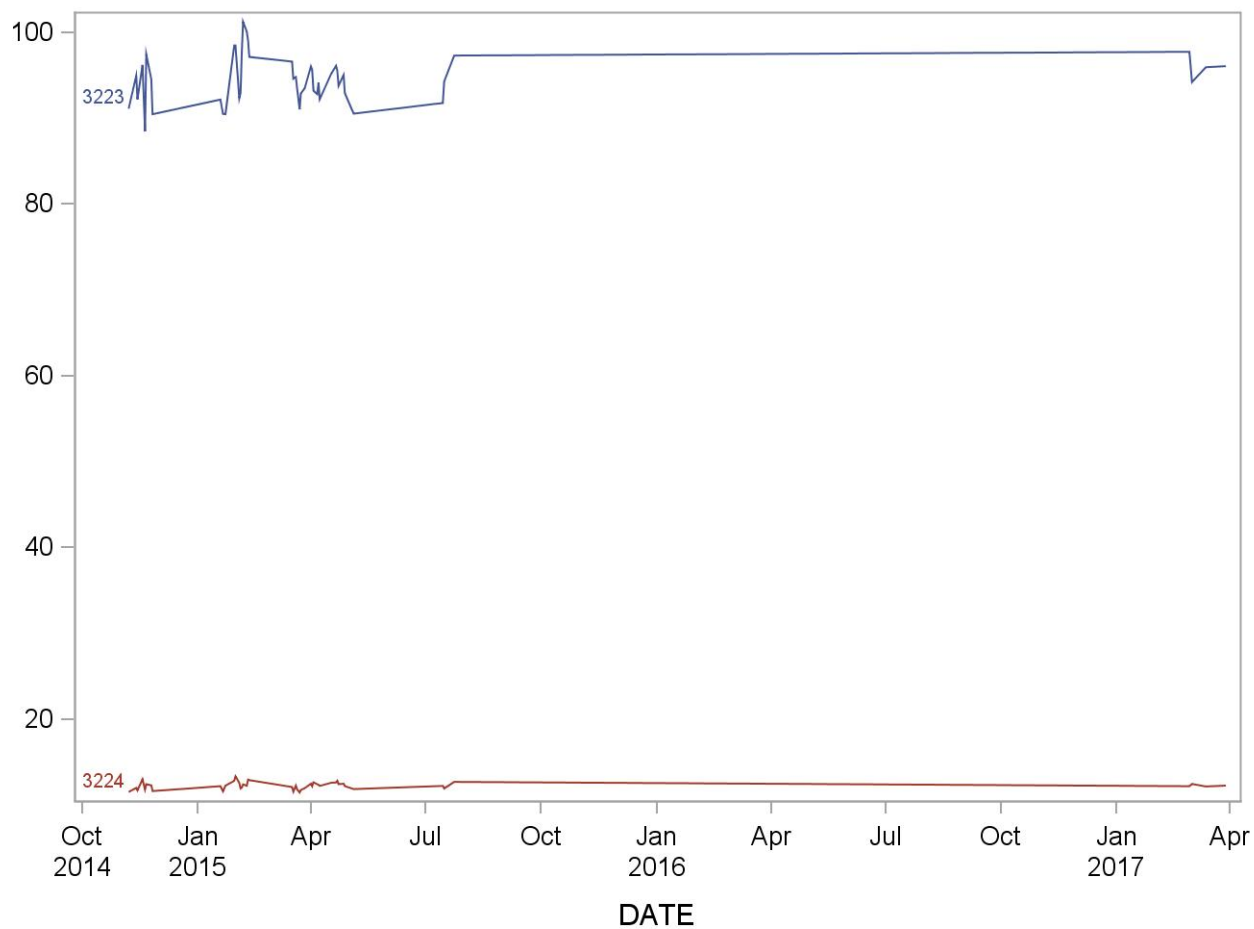
### 2013-2014 Summary Statistics and QC Chart for Trp-P-1 (pg/mL)

| Lot  | N  | Start Date | End Date | Mean     | Standard Deviation | Coefficient of Variation |
|------|----|------------|----------|----------|--------------------|--------------------------|
| 3223 | 46 | 07NOV14    | 29MAR17  | 107.6022 | 2.9742             | 2.8                      |
| 3224 | 46 | 07NOV14    | 29MAR17  | 14.0716  | 0.4887             | 3.5                      |



### 2013-2014 Summary Statistics and QC Chart for Trp-P-2 (pg/mL)

| Lot  | N  | Start Date | End Date | Mean    | Standard Deviation | Coefficient of Variation |
|------|----|------------|----------|---------|--------------------|--------------------------|
| 3223 | 47 | 07NOV14    | 29MAR17  | 94.5277 | 2.7922             | 3.0                      |
| 3224 | 47 | 07NOV14    | 29MAR17  | 12.2255 | 0.4259             | 3.5                      |



## **REFERENCES**

- Fu, Y., Zhao, G., Wang, S., Yu, J., Xie, F., Wang, H., and Xie, J. (2014) Simultaneous determination of fifteen heterocyclic aromatic amines in the urine of smokers and nonsmokers using ultra-high performance liquid chromatography-tandem mass spectrometry. *Journal of chromatography. A.* 1333, 45-53.
- (1993) IARC Monographs on the Evaluation of Carcinogenic Risks to Humans: Some NaturallyOccurring Substances - Food Items and Constituents, Heterocyclic Aromatic Amines and Mycotoxins. IARC Monogr Eval Carcinog Risk Chem Hum. 56, 165-242.
- Sugimura, T. (1997) Overview of carcinogenic heterocyclic amines. *Mutat Res.* 376, 211-219.
- Totsuka, Y., Ushiyama, H., Ishihara, J., Sinha, R., Goto, S., Sugimura, T., and Wakabayashi, K. (1999) Quantification of the co-mutagenic beta-carbolines, norharman and harman, in cigarette smoke condensates and cooked foods. *Cancer letters.* 143, 139-143.
- Turesky, R.J. (2002) Heterocyclic aromatic amine metabolism, DNA adduct formation, mutagenesis, and carcinogenesis. *Drug Metab Rev.* 34, 625-650.
- Zhang, L., Ashley, D.L., and Watson, C.H. (2011) Quantitative analysis of six heterocyclic aromatic amines in mainstream cigarette smoke condensate using isotope dilution liquid chromatography-electrospray ionization tandem mass spectrometry. *Nicotine Tob Res.* 13, 120-126.

## Appendix A

### Stock reagent preparation

#### 1. Stock solutions for sample preparation

##### 5% Ammonia hydroxide in Methanol (V/V) –

Combine 25mL of ammonium hydroxide (Optima™, A470-250, Fisher Chemical; NH<sub>3</sub> in H<sub>2</sub>O w/w=21, or equivalent) with 475mL of methanol using a graduated cylinder. Store in fume hood.

##### 2% Formic Acid in Methanol (V/V) –

Combine 10mL formic acid with 490 mL of methanol using a graduated cylinder. Store in fume hood

##### 30% methonal in water (V/V) with 2% Ammonia hydroxide (V/V) –

Combine 10mL of ammonium hydroxide (Optima™, A470-250, Fisher Chemical; NH<sub>3</sub> in H<sub>2</sub>O w/w=21, or equivalent) with 150mL of methanol and bring up to 500 mL with water by using a graduated cylinder. Store in fume hood.

#### 2. Stock solution for HPLC mobile phase

##### 0.05% Ammonia hydroxide in water (V/V) –

Combine 0.5 mL ammonium hydroxide solution (Sigma, 44273-10X1ML, NH<sub>3</sub> in H<sub>2</sub>O w/w=25) with 1000 mL of water using a graduated cylinder. Store in fume hood.

## Appendix B

### Calibration materials

The methanol stock solutions were prepared for use in March, 2013 and stored in approximately -20 °C freezer in 103/3318. The internal standard spike solutions and working standards are prepared as needed. A total of 11 levels of calibration standards and internal standard spiking solution were prepared in 10% methanol in water containing 0.1% formic acid, and both stored in approximately -70 °C freezer.

| Standard name  | Purity | Method for purity                           | Catalog #            |
|--|--------|---|----------------------|
| 1-Methyl-9H-pyrido[3,4-b]indole (Harman)   | >99%   | <sup>1</sup> H NMR, MS & elemental analysis | H105000 <sup>¶</sup> |
| 9H-Pyrido[3,4-b]indole (NorHarman)   | >99%   | <sup>1</sup> H NMR, MS & elemental analysis | N700000 <sup>¶</sup> |
| 3-amino-1, 4-dimethyl-5H-pyrido [4,3-b ]indole (Trp-P-1·CH <sub>3</sub> COOH)          | >99%   | <sup>1</sup> H NMR, MS & elemental analysis | A607500 <sup>¶</sup> |
| 3-amino-1-methyl-5H-pyrido [4,3-b] indole (Trp-P-2· CH <sub>3</sub> COOH) <sup>A</sup> | >99%   | <sup>1</sup> H NMR, MS & elemental analysis | A618001 <sup>¶</sup> |
| 2-amino-9H-pyrido[2,3-b] indole (AC) <sup>B</sup>                                      | >99%   | <sup>1</sup> H NMR, MS & elemental analysis | A629000 <sup>¶</sup> |
| 2-amino-3-methyl-9H-pyrido[2,3-b] indole (MeAC)  | >99%   | <sup>1</sup> H NMR, MS & elemental analysis | A617500 <sup>¶</sup> |
| 2-amino-6-methyldipyrdo[1,2-A:3',2'-D]imidazole (Glu-P-1·HCl) <sup>C</sup>             | 95.3%  | <sup>1</sup> H NMR, MS & elemental analysis | A616100 <sup>¶</sup> |
| 2-aminodipyrdo[1,2-a:3',2-D]imidazole (Glu-P-2·2HCl) <sup>D</sup>                      | >99%   | <sup>1</sup> H NMR, MS & elemental analysis | A608801 <sup>¶</sup> |
| 2-amino-3-methyl-3H-imidazo[4,5-f]quinolone (IQ)                                       | >99%   | <sup>1</sup> H NMR, MS & elemental analysis | A616500 <sup>¶</sup> |
| 2-amino-1-methyl-6-phenylimidazo[4,5-b]pyridine (PhIP)                                 | >99%   | <sup>1</sup> H NMR, MS & elemental analysis | A617000 <sup>¶</sup> |

A: with 12.06% water content

B: with 1.7% water content

C: with 8.72% water content

D: with 7.47% water content

| Internal standard name   | Purity | Method for purity       | Catalog #              |
|--|--------|-------------------------|------------------------|
| 1-Methyl-9H-pyrido[3,4-b]indole-13C <sub>2</sub> ,15N (Harman-13C <sub>2</sub> ,15N)   | 97%    | <sup>1</sup> H NMR & MS | H105002 <sup>¶</sup>   |
| 9H-Pyrido[3,4-b]indole-d <sub>7</sub> (NorHarman-d <sub>7</sub> )  | 98%    | <sup>1</sup> H NMR & MS | N700002 <sup>¶</sup>   |
| 3-amino-1, 4-dimethyl-5H-pyrido [4,3-b ]indole - 13C <sub>2</sub> ,15N (Trp-P-1·CH <sub>3</sub> COOH -13C <sub>2</sub> ,15N) | 98%    | <sup>1</sup> H NMR & MS | A607502 <sup>¶</sup>   |
| 3-amino-1-methyl-5H-pyrido [4,3-b] indole - 13C <sub>2</sub> ,15N (Trp-P-2· CH <sub>3</sub> COOH -13C <sub>2</sub> ,15N)     | 97%    | <sup>1</sup> H NMR & MS | A618002 <sup>¶</sup>   |
| 2-amino-9H-pyrido[2,3-b] indole-15N <sub>3</sub> (AC-15N <sub>3</sub> )  | 98%    | <sup>1</sup> H NMR & MS | A629002 <sup>¶</sup>   |
| 2-amino-3-methyl-9H-pyrido[2,3-b] indole-d <sub>3</sub> (MeAC-d <sub>3</sub> )   | 98%    | <sup>1</sup> H NMR & MS | A617502 <sup>¶</sup>   |
| 2-amino-6-methyldipyrdo[1,2-A:3',2'-D]imidazole - 13C <sub>3</sub> (Glu-P-1·HCl·H <sub>2</sub> O - 13C <sub>3</sub> )        | 95%    | <sup>1</sup> H NMR & MS | A616102 <sup>¶</sup>   |
| 2-aminodipyrdo[1,2-a:3',2-D]imidazole -13C <sub>2</sub> ,15N (Glu-P-2·HCl - 13C <sub>2</sub> ,15N)                           | 93.4%  | <sup>1</sup> H NMR & MS | SC-358861 <sup>§</sup> |
| 2-amino-3-methyl-3H-imidazo[4,5-f]quinolone-d <sub>3</sub> (IQ-d <sub>3</sub> )  | 98%    | <sup>1</sup> H NMR & MS | A616720 <sup>¶</sup>   |
| 2-amino-1-methyl-6-phenylimidazo[4,5-b]pyridine-d <sub>3</sub> (PhIP-d <sub>3</sub> )  | 99%    | <sup>1</sup> H NMR & MS | A617350 <sup>¶</sup>   |

¶ :Toronto Research Chemicals

§ : Santa Cruz Biotechnology

Original stocks:



Accurately measure appropriate amount of HCAA powders and dissolve them in methanol as the following table to obtain the original stock solution:

|  |        |        | MeOH | Conc.  |
|--|--------|--------|------|--------|
| Standard name                              | M.W.   | mg     | mL   | µg/ml  |
| Harman                                     | 182.22 | 10.094 | 25   | 403.76 |
| NorHarman                                  | 168.19 | 10.215 | 25   | 408.60 |
| Trp-P-1·CH <sub>3</sub> COOH               | 271.31 | 10.222 | 25   | 408.88 |
| Trp-P-2· CH <sub>3</sub> COOH <sup>a</sup> | 257.29 | 10.12  | 25   | 404.80 |
| AC <sup>b</sup>                            | 183.2  | 10.035 | 25   | 401.40 |
| MeAC                                       | 197.24 | 10.057 | 25   | 402.28 |
| Glu-P-1·HCl <sup>c</sup>                   | 234.7  | 10.086 | 25   | 403.44 |
| Glu-P-2·2HCl <sup>d</sup>                  | 257.12 | 5.019  | 25   | 200.76 |
| PhIP                                       | 224.26 | 10.055 | 25   | 402.20 |

a: with 12.06% water content

b: with 1.7% water content

c: with 8.72% water content

d: with 7.47% water content

For IQ, 97.63 mg of powder is dissolved in 100 mL of methanol. 75 mL of 100 mL solution is further diluted with methanol into 250 mL final stock solution at 292.89 µg/ml as the following tables

|               |        |       | MeOH | Conc.  |
|---------------|--------|-------|------|--------|
| Standard name | M.W.   | mg    | mL   | µg /ml |
| IQ            | 198.22 | 97.63 | 100  | 976.30 |

Dilution

|               |        | 976.30 µg /ml | MeOH | Conc.  |
|---------------|--------|---------------|------|--------|
| Standard name | M.W.   | mL            | mL   | µg /ml |
| IQ            | 198.22 | 75            | 250  | 292.89 |

Appropriate amount of isotope-labeled HCAA are dissolved in methanol to obtain original stock solutions of isotope-labeled internal standards as follows:

| ISTD                          | Original Stock Conc |
|-------------------------------|---------------------|
|                               | ug/ml               |
| Harman                        | 60.93               |
| NorHarman                     | 21.73               |
| AC                            | 22.50               |
| MeAC                          | 11.02               |
| Trp-P-1·CH <sub>3</sub> COOH  | 8.80                |
| Trp-P-2· CH <sub>3</sub> COOH | 62.09               |
| Glu-P-1·HCl·H <sub>2</sub> O  | 48.76               |

|              |       |
|--------------|-------|
| Glu-P-2·2HCl | 42.34 |
| IQ           | 46.88 |
| PhIP         | 58.18 |

### Working Stocks:

Dilute HCAA original stock solution at appropriate ratio with 30% methanol in water (with 0.1% formic acid) to obtain Solution A:

|                              | Original Stock<br>Conc | Volume<br>of Original Stock | Final volume | Solution A |
|------------------------------|------------------------|-----------------------------|--------------|------------|
|                              | ug/ml                  | mL                          | mL           | ug/ml      |
| Harman                       | 403.76                 | N/A                         | N/A          | 403.76     |
| NorHarman                    | 408.6                  | N/A                         | N/A          | 408.6      |
| AC                           | 401.4                  | 5                           | 100          | 20.07      |
| MeAC                         | 402.28                 | 5                           | 100          | 20.114     |
| Trp-P-1·CH <sub>3</sub> COOH | 408.88                 | 5                           | 100          | 20.444     |
| Trp-P-2·CH <sub>3</sub> COOH | 404.8                  | 5                           | 100          | 20.24      |
| Glu-P-1·HCl·H <sub>2</sub> O | 403.44                 | 5                           | 100          | 20.172     |
| Glu-P-2·2HCl                 | 200.76                 | 10                          | 100          | 20.076     |
| IQ                           | 292.89                 | 7                           | 100          | 20.503     |
| PhIP                         | 402.2                  | 5                           | 100          | 20.11      |

Mix and dilute Solution A of all HCAA at appropriate ratio with 30% methanol in water (with 0.1% formic acid) to obtain Solution B:

|                              | Solution A<br>Conc | Volume<br>of Solution A | Final volume | Solution B<br>Conc |
|------------------------------|--------------------|-------------------------|--------------|--------------------|
|                              | µg/ml              | mL                      | mL           | µg/ml              |
| Harman                       | 403.76             | 2.477                   | 100          | 10                 |
| NorHarman                    | 408.6              | 2.447                   | 100          | 10                 |
| AC                           | 20.07              | 4.983                   | 100          | 1                  |
| MeAC                         | 20.114             | 4.972                   | 100          | 1                  |
| Trp-P-1·CH <sub>3</sub> COOH | 20.444             | 4.891                   | 100          | 1                  |
| Trp-P-2·CH <sub>3</sub> COOH | 20.24              | 4.941                   | 100          | 1                  |
| Glu-P-1·HCl·H <sub>2</sub> O | 20.172             | 4.957                   | 100          | 1                  |
| Glu-P-2·2HCl                 | 20.076             | 4.981                   | 100          | 1                  |
| IQ                           | 20.503             | 4.877                   | 100          | 1                  |
| PhIP                         | 20.11              | 4.973                   | 100          | 1                  |

Dilute Solution B at ratio of 10:1 with 30% methanol in water (with 0.1% formic acid) to obtain Solution C:

|                              | SolutionB<br>Conc | Volume<br>of Original Stock | Final volume | Solution C |
|------------------------------|-------------------|-----------------------------|--------------|------------|
|                              | ug/ml             | mL                          | mL           | ug/ml      |
| Harman                       | 10                | 10.0                        | 100          | 1          |
| NorHarman                    | 10                | 10.0                        | 100          | 1          |
| AC                           | 1                 | 10.0                        | 100          | 0.1        |
| MeAC                         | 1                 | 10.0                        | 100          | 0.1        |
| Trp-P-1·CH <sub>3</sub> COOH | 1                 | 10.0                        | 100          | 0.1        |
| Trp-P-2·CH <sub>3</sub> COOH | 1                 | 10.0                        | 100          | 0.1        |
| Glu-P-1·HCl·H <sub>2</sub> O | 1                 | 10.0                        | 100          | 0.1        |
| Glu-P-2·2HCl                 | 1                 | 10.0                        | 100          | 0.1        |
| IQ                           | 1                 | 10.0                        | 100          | 0.1        |
| PhIP                         | 1                 | 10.0                        | 100          | 0.1        |

Dilute Solution C at ratio of 10:1 with 30% methanol in water (with 0.1% formic acid) to obtain Solution D:

|                              | Solution C<br>Conc | Volume<br>of Solution C | Final volume | Solution D<br>Conc |
|------------------------------|--------------------|-------------------------|--------------|--------------------|
|                              | µg/ml              | mL                      | mL           | ng/ml              |
| Harman                       | 1                  | 10.0                    | 100          | 100                |
| NorHarman                    | 1                  | 10.0                    | 100          | 100                |
| AC                           | 0.1                | 10.0                    | 100          | 10                 |
| MeAC                         | 0.1                | 10.0                    | 100          | 10                 |
| Trp-P-1·CH <sub>3</sub> COOH | 0.1                | 10.0                    | 100          | 10                 |
| Trp-P-2·CH <sub>3</sub> COOH | 0.1                | 10.0                    | 100          | 10                 |
| Glu-P-1·HCl·H <sub>2</sub> O | 0.1                | 10.0                    | 100          | 10                 |
| Glu-P-2·2HCl                 | 0.1                | 10.0                    | 100          | 10                 |
| IQ                           | 0.1                | 10.0                    | 100          | 10                 |
| PhIP                         | 0.1                | 10.0                    | 100          | 10                 |

Dilute HCAA (ISTD) original stock solution at appropriate ratio with 30% methanol in water (with 0.1% formic acid) to obtain Solution A (ISTD):

| ISTD | Original Stock<br>Conc | Volume<br>of Original Stock | Final volume | Solution A<br>ISTD |
|------|------------------------|-----------------------------|--------------|--------------------|
|------|------------------------|-----------------------------|--------------|--------------------|

|                               | µg/ml | mL | mL  | µg/ml |
|-------------------------------|-------|----|-----|-------|
| Harman                        | 60.93 | 2  | 10  | 12.19 |
| NorHarman                     | 21.73 | 5  | 10  | 10.87 |
| AC                            | 22.50 | 5  | 100 | 1.13  |
| MeAC                          | 11.02 | 10 | 100 | 1.10  |
| Trp-P-1·CH <sub>3</sub> COOH  | 8.80  | 10 | 100 | 0.88  |
| Trp-P-2· CH <sub>3</sub> COOH | 62.09 | 2  | 100 | 1.24  |
| Glu-P-1·HCl·H <sub>2</sub> O  | 48.76 | 3  | 100 | 1.46  |
| Glu-P-2·2HCl                  | 42.34 | 3  | 100 | 1.27  |
| IQ                            | 46.88 | 3  | 100 | 1.41  |
| PhIP                          | 58.18 | 2  | 100 | 1.16  |

Mix and dilute Solution A (ISTD) of all HCAA at appropriate ratio with 30% methanol in water (with 0.1% formic acid) to obtain Solution B (ISTD):

| ISTD                          | Solution A<br>ISTD | Volume<br>of Original Stock | Final volume | Solution B<br>ISTD |
|-------------------------------|--------------------|-----------------------------|--------------|--------------------|
|                               | ug/ml              | mL                          | mL           | ug/ml              |
| Harman                        | 12.19              | 2.46                        | 100          | 0.30               |
| NorHarman                     | 10.87              | 2.76                        | 100          | 0.30               |
| AC                            | 1.13               | 4.44                        | 100          | 0.05               |
| MeAC                          | 1.10               | 4.54                        | 100          | 0.05               |
| Trp-P-1·CH <sub>3</sub> COOH  | 0.88               | 5.68                        | 100          | 0.05               |
| Trp-P-2· CH <sub>3</sub> COOH | 1.24               | 4.03                        | 100          | 0.05               |
| Glu-P-1·HCl·H <sub>2</sub> O  | 1.46               | 6.84                        | 100          | 0.10               |
| Glu-P-2·2HCl                  | 1.27               | 11.81                       | 100          | 0.15               |
| IQ                            | 1.41               | 2.13                        | 100          | 0.03               |
| PhIP                          | 1.16               | 2.15                        | 100          | 0.025              |

Dilute Solution B (ISTD) solution at ratio of 100:1 with 10% methanol in water (with 0.1% formic acid) to obtain internal standard spike solution

| ISTD                          | Solution B<br>ISTD | Volume<br>of Solution B (ISTD) | Final volume | Spike solution<br>ISTD |
|-------------------------------|--------------------|--------------------------------|--------------|------------------------|
|                               | ng/ml              | mL                             | mL           | ng/ml                  |
| Harman                        | 300                | 1                              | 100          | 3                      |
| NorHarman                     | 300                | 1                              | 100          | 3                      |
| AC                            | 50                 | 1                              | 100          | 0.5                    |
| MeAC                          | 50                 | 1                              | 100          | 0.5                    |
| Trp-P-1·CH <sub>3</sub> COOH  | 50                 | 1                              | 100          | 0.5                    |
| Trp-P-2· CH <sub>3</sub> COOH | 50                 | 1                              | 100          | 0.5                    |
| Glu-P-1·HCl·H <sub>2</sub> O  | 100                | 1                              | 100          | 1                      |

|              |     |   |     |      |
|--------------|-----|---|-----|------|
| Glu-P-2-2HCl | 150 | 1 | 100 | 1.5  |
| IQ           | 30  | 1 | 100 | 0.3  |
| PhIP         | 25  | 1 | 100 | 0.25 |

Below is a complete list of the HCAA standards:

Combine appropriate volumes of HCAA and ISTD working solution and dilute them with 30% methanol in water (with 0.1% formic acid) to obtain X10 HCAA calibrators:

|                    | Working solution  | Volume of         | Final volume |
|--------------------|-------------------|-------------------|--------------|
|                    |                   | Working solutions |              |
|                    |                   | ml                | mL           |
| x10 Level 0        | NA                | 0                 | 50           |
| x10 Level 1        | Solution D        | 0.5               | 50           |
| x10 Level 2        | Solution D        | 1                 | 50           |
| x10 Level 3        | Solution D        | 2                 | 50           |
| x10 Level 4        | Solution C        | 0.5               | 50           |
| x10 Level 5        | Solution C        | 1                 | 50           |
| x10 Level 6        | Solution C        | 2                 | 50           |
| x10 Level 7        | Solution B        | 0.5               | 50           |
| x10 Level 8        | Solution B        | 0.75              | 50           |
| x10 Level 9        | Solution B        | 1                 | 50           |
| x10 Level 10       | Solution B        | 2                 | 50           |
| ISTD in each Level | Solution B (ISTD) | 5                 | 50           |

Dilute X10 Calibrators with 10% methanol in water (with 0.1% formic acid) at ratio of 10: 1 to obtain X1 HCAA calibrators:

|         | X10 Calibrator | Volume         | Final volume | Injection volume |
|---------|----------------|----------------|--------------|------------------|
|         |                | X10 Calibrator |              | X1 Calibrator    |
|         |                | ml             | mL           | μL               |
| Level 0 | x10 Level 0    | 10             | 100          | 10               |
| Level 1 | x10 Level 1    | 10             | 100          | 10               |
| Level 2 | x10 Level 2    | 10             | 100          | 10               |
| Level 3 | x10 Level 3    | 10             | 100          | 10               |
| Level 4 | x10 Level 4    | 10             | 100          | 10               |
| Level 5 | x10 Level 5    | 10             | 100          | 10               |

|          |              |    |     |     |
|----------|--------------|----|-----|-----|
| Level 6  | x10 Level 6  | 10 | 100 | 10  |
| Level 7  | x10 Level 7  | 10 | 100 | 10  |
| Level 8  | x10 Level 8  | 10 | 100 | 5   |
| Level 9  | x10 Level 9  | 10 | 100 | 5   |
| Level 10 | x10 Level 10 | 10 | 100 | 2.5 |

## Appendix C

### Sample Preparation

#### HCAA sample clean-up procedure

##### 1. Sample hydrolysis

- A. Remove samples from freezer and allow them to thaw completely at room temperature.
- B. Pipet 50  $\mu$ L of 10 N NaOH in to each well on a deep 96-well collection plate (CP#1).
- C. Pipet 0.5 mL urine sample into each well
- D. Pipet 50  $\mu$ L ISTD into each well
- E. Place CP#1 in oven that is set to 70 °C for 5 hours to hydrolyze

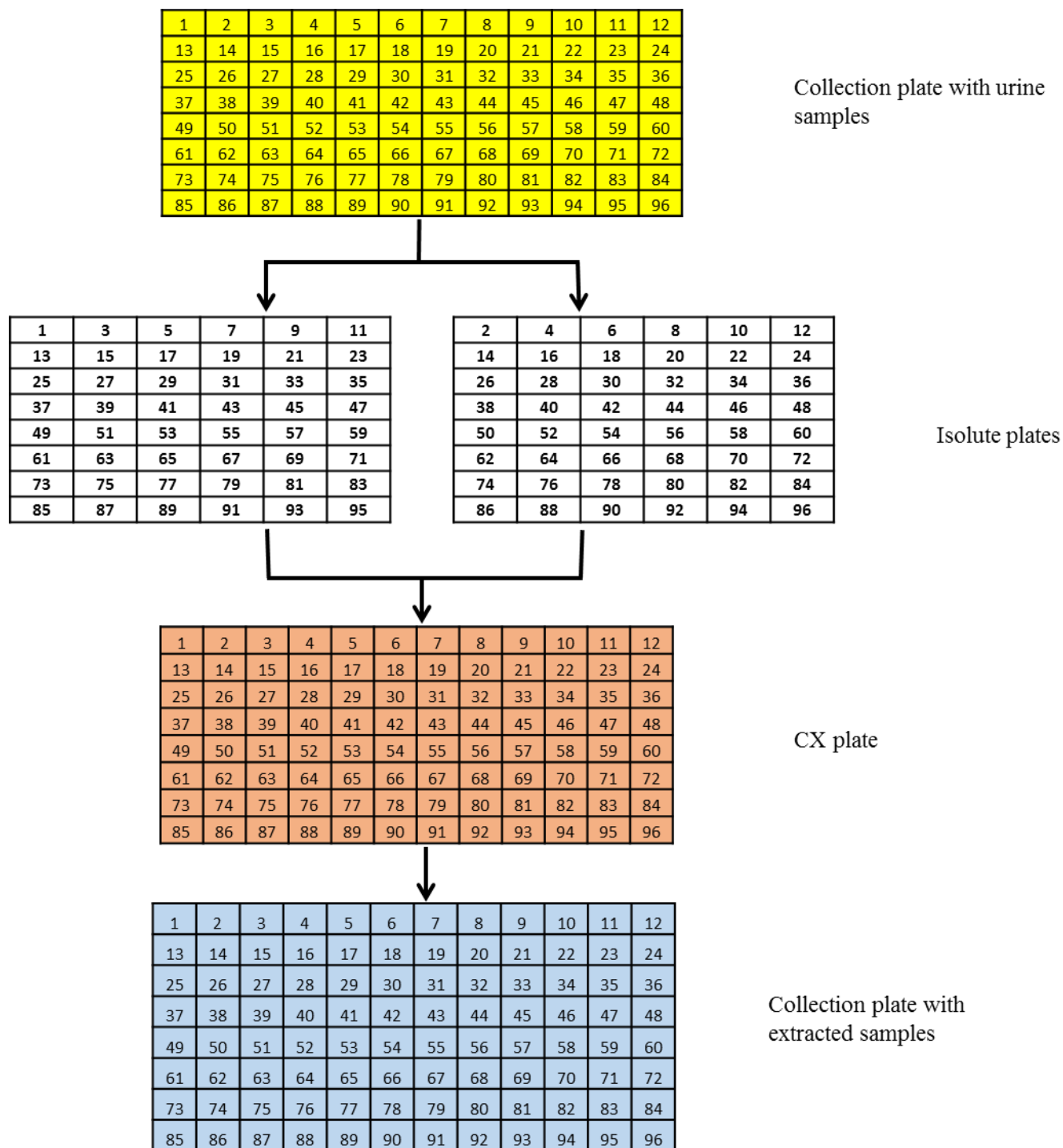
##### 2. SPE by Isolute (Biotage)

- A. Load samples on Isolute 96-well plate (300  $\mu$ L to each of two adjacent wells)
- B. Apply positive pressure to initiate loading and wait for sample to be completely absorbed.
- C. Add 3 x 0.75 mL (for 96-well plate) of dichloromethane (DCM) to the SPE. Allow to be eluted by positive pressure. Collect DCM fraction in new Deep 48-well plate (CP#2)
- D. Add 40  $\mu$ L of Formic acid in to DCM in each well of CP#2 and Mix well (aspirate and dispense 3X).

##### 3. SPE by CX (Biotage)

- A. Condition the CX 96-well plate with 1 mL of 5% ammonia hydroxide in methanol, followed by 1 mL of methanol and 1 mL 2% formic acid in methanol.
- B. Transfer acidified DCM collected in CP#2 on CX 96-well plate. Adjust the pressure so that the sample is drawn through the plate at a rate of about 0.5 mL/min.
- C. Once all the samples have been loaded, wash the SPE CX with 1 mL of 2% formic acid in methanol, 1 mL of water, and 1 mL of 30% methanol in water with 2% ammonia. Dry the SPE CX under positive N<sub>2</sub> pressure on SPE.
- D. The analytes are eluted at a rate of about 0.5 mL/min with 1 mL of 5% ammonia hydroxide in methanol and apply under positive N<sub>2</sub> pressure on SPE to complete elution
- E. Dry down methanol in CP#3 and the residue is reconstituted with 50  $\mu$ L of 10% methanol in water with 0.1% formic acid.

## Schematic procedure of sample preparation





## Appendix D

### Precision (RSD%) and accuracy (% of Nominal concentrations)

| Analyte                | Intraday                            |               |         |                 |            |                                     | Interday      |         |                 |            |     |     |
|------------------------|-------------------------------------|---------------|---------|-----------------|------------|-------------------------------------|---------------|---------|-----------------|------------|-----|-----|
|                        | Nominal<br>Concentration<br>(pg/mL) | Determined    |         | Accuracy<br>(%) | RSD<br>(%) | Nominal<br>Concentration<br>(pg/mL) | Determined    |         | Accuracy<br>(%) | RSD<br>(%) |     |     |
|                        |                                     | Concentration |         |                 |            |                                     | Concentration |         |                 |            |     |     |
|                        |                                     | (pg/mL)       | (pg/mL) |                 |            |                                     | (pg/mL)       | (pg/mL) |                 |            |     |     |
| n=8                    |                                     |               |         |                 |            | n=6                                 |               |         |                 |            |     |     |
| AC                     | 150                                 | 151           | ±       | 2.3             | 101        | 1.5                                 | 150           | 148     | ±               | 5.7        | 98  | 3.9 |
|                        | 40                                  | 41            | ±       | 1.6             | 103        | 4.0                                 | 40            | 40      | ±               | 1.8        | 100 | 4.5 |
|                        | 10                                  | 10            | ±       | 0.2             | 101        | 1.7                                 | 10            | 10      | ±               | 0.5        | 100 | 5.0 |
| MeAC                   | 150                                 | 150           | ±       | 1.1             | 100        | 0.8                                 | 150           | 144     | ±               | 6.9        | 96  | 4.8 |
|                        | 40                                  | 40            | ±       | 0.8             | 101        | 2.0                                 | 40            | 38      | ±               | 2.1        | 96  | 5.5 |
|                        | 10                                  | 10            | ±       | 0.1             | 98         | 0.8                                 | 10            | 10      | ±               | 0.4        | 95  | 4.2 |
| IQ                     | 150                                 | 152           | ±       | 1.8             | 102        | 1.2                                 | 150           | 152     | ±               | 11.2       | 102 | 7.3 |
|                        | 40                                  | 42            | ±       | 1.0             | 105        | 2.4                                 | 40            | 41      | ±               | 3.2        | 103 | 7.7 |
|                        | 10                                  | 11            | ±       | 0.3             | 106        | 3.2                                 | 10            | 10      | ±               | 0.8        | 102 | 7.8 |
| Trp-P-1                | 117                                 | 117           | ±       | 2.1             | 100        | 1.8                                 | 117           | 112     | ±               | 4.9        | 96  | 4.3 |
|                        | 31                                  | 32            | ±       | 1.8             | 101        | 5.7                                 | 31            | 30      | ±               | 1.7        | 96  | 5.7 |
|                        | 7.8                                 | 7.5           | ±       | 0.2             | 97         | 3.2                                 | 7.8           | 7.2     | ±               | 0.7        | 93  | 9.9 |
| Trp-P-2                | 101                                 | 104           | ±       | 2.4             | 103        | 2.3                                 | 101           | 100     | ±               | 4.1        | 99  | 4.1 |
|                        | 27                                  | 28            | ±       | 1.2             | 104        | 4.3                                 | 27            | 26      | ±               | 1.5        | 98  | 5.8 |
|                        | 6.7                                 | 6.6           | ±       | 0.2             | 98         | 2.8                                 | 6.7           | 6.4     | ±               | 0.4        | 95  | 6.3 |
| Glu-P-1                | 105                                 | 104           | ±       | 0.8             | 98         | 0.8                                 | 105           | 104     | ±               | 1.4        | 99  | 1.3 |
|                        | 28                                  | 28            | ±       | 0.2             | 100        | 0.8                                 | 28            | 28      | ±               | 0.4        | 98  | 1.4 |
|                        | 7.0                                 | 7.0           | ±       | 0.2             | 100        | 2.7                                 | 7.0           | 6.8     | ±               | 0.2        | 98  | 2.3 |
| Glu-P-2                | 107                                 | 106           | ±       | 0.8             | 99         | 0.7                                 | 107           | 105     | ±               | 2.1        | 98  | 2.0 |
|                        | 29                                  | 29            | ±       | 0.2             | 100        | 0.8                                 | 29            | 28      | ±               | 0.7        | 97  | 2.6 |
|                        | 7.2                                 | 7.4           | ±       | 0.3             | 103        | 4.1                                 | 7.2           | 7.1     | ±               | 0.3        | 99  | 4.2 |
| PhIP                   | 150                                 | 149           | ±       | 1.8             | 100        | 1.2                                 | 150           | 147     | ±               | 3.9        | 98  | 2.7 |
|                        | 40                                  | 40            | ±       | 0.5             | 99         | 1.3                                 | 40            | 39      | ±               | 1.0        | 97  | 2.6 |
|                        | 10                                  | 10            | ±       | 0.2             | 100        | 2.0                                 | 10            | 10      | ±               | 0.4        | 96  | 4.2 |
| Intraday<br>n=4        |                                     |               |         |                 |            | Interday<br>n=3                     |               |         |                 |            |     |     |
| Harman                 | 3530                                | 3825          | ±       | 205.3           | 108        | 5.4                                 | 3530          | 3583    | ±               | 302.8      | 102 | 8.5 |
|                        | 313                                 | 335           | ±       | 18.1            | 107        | 5.4                                 | 313           | 341     | ±               | 32.6       | 109 | 9.6 |
| NorHarman              | 2132                                | 2120          | ±       | 37.4            | 99         | 1.8                                 | 2132          | 2171    | ±               | 118.9      | 102 | 5.5 |
|                        | 662                                 | 690           | ±       | 27.3            | 104        | 4.0                                 | 662           | 710     | ±               | 63.0       | 107 | 8.9 |
| Harman <sup>a</sup>    | 4000                                | 3816          | ±       | 205.2           | 95         | 5.4                                 | 4000          | 3832    | ±               | 176.8      | 96  | 4.6 |
|                        | 400                                 | 401           | ±       | 6.9             | 100        | 1.7                                 | 400           | 389     | ±               | 17.5       | 97  | 4.5 |
|                        | 100                                 | 100           | ±       | 2.0             | 100        | 2.0                                 | 100           | 97      | ±               | 5.5        | 97  | 5.7 |
| NorHarman <sup>a</sup> | 4000                                | 4024          | ±       | 96.0            | 101        | 2.4                                 | 4000          | 4073    | ±               | 137.0      | 102 | 3.4 |
|                        | 400                                 | 416           | ±       | 3.6             | 104        | 0.9                                 | 400           | 418     | ±               | 16.8       | 104 | 4.0 |
|                        | 100                                 | 105           | ±       | 1.3             | 105        | 1.2                                 | 100           | 104     | ±               | 5.1        | 104 | 4.9 |

a: prepared in synthetic urine

## Appendix E

### Stability of HCAA

|                  | Nominal concentrations<br>(pg/ml) | Determined concentrations (pg/ml) |       |                         |       |                         |        |
|------------------|-----------------------------------|-----------------------------------|-------|-------------------------|-------|-------------------------|--------|
|                  |                                   | Room temperature for 24 hrs       |       | Four freeze-thaw cycles |       | Auto-sampler for 24 hrs |        |
| <b>AC</b>        | 150                               | 149.7                             | ± 3.1 | 142.7                   | ± 2.9 | 152.7                   | ± 1.5  |
|                  | 20                                | 21.1                              | ± 0.5 | 18.9                    | ± 0.4 | 21.0                    | ± 0.7  |
| <b>MeAC</b>      | 150                               | 151.3                             | ± 2.1 | 139.0                   | ± 2.0 | 163.7                   | ± 3.2  |
|                  | 20                                | 20.5                              | ± 0.5 | 18.8                    | ± 0.1 | 21.2                    | ± 0.2  |
| <b>IQ</b>        | 150                               | 155.0                             | ± 2.6 | 152.7                   | ± 1.5 | 156.7                   | ± 2.5  |
|                  | 20                                | 21.6                              | ± 0.7 | 21.1                    | ± 0.2 | 20.8                    | ± 0.7  |
| <b>Trp-P-1</b>   | 150                               | 149.3                             | ± 2.5 | 149.3                   | ± 3.8 | 152.3                   | ± 2.1  |
|                  | 20                                | 19.6                              | ± 0.9 | 18.8                    | ± 0.6 | 20.5                    | ± 0.5  |
| <b>Trp-P-2</b>   | 150                               | 149.3                             | ± 2.5 | 148.0                   | ± 1.0 | 148.7                   | ± 2.1  |
|                  | 20                                | 19.6                              | ± 0.2 | 18.6                    | ± 0.2 | 19.5                    | ± 0.3  |
| <b>Glu-P-1</b>   | 150                               | 151.7                             | ± 6.1 | 148.3                   | ± 4.2 | 153.3                   | ± 2.1  |
|                  | 20                                | 21.0                              | ± 0.2 | 19.3                    | ± 0.2 | 21.2                    | ± 0.5  |
| <b>Glu-P-2</b>   | 150                               | 148.7                             | ± 2.3 | 146.0                   | ± 2.6 | 150.0                   | ± 1.7  |
|                  | 20                                | 19.9                              | ± 0.6 | 20.1                    | ± 0.5 | 21.1                    | ± 0.5  |
| <b>PhIP</b>      | 150                               | 152.3                             | ± 4.9 | 149.7                   | ± 2.1 | 151.3                   | ± 4.7  |
|                  | 20                                | 21.2                              | ± 0.5 | 20.7                    | ± 0.5 | 20.0                    | ± 0.2  |
| <b>Harman</b>    | 1487                              | 1563                              | ± 21  | 1507                    | ± 23  | 1493                    | ± 15.3 |
|                  | 257                               | 282                               | ± 9.5 | 266                     | ± 9.5 | 261                     | ± 8.5  |
| <b>NorHarman</b> | 1493                              | 1580                              | ± 10  | 1537                    | ± 5.8 | 1477                    | ± 15.3 |
|                  | 287                               | 278                               | ± 2.9 | 297                     | ± 11  | 272                     | ± 5.1  |

## Appendix F

### Ruggedness Tests

|                          |     |     |     |  |     |     |     |                          |     |     |     |
|--------------------------|-----|-----|-----|--|-----|-----|-----|--------------------------|-----|-----|-----|
| PhIP                     |     |     |     |  |     |     |     |                          |     |     |     |
| Time for hydrolysis (hr) |     |     |     | % MeOH in H <sub>2</sub> O for washing |     |     |     | % FA in MeOH for washing |     |     |     |
| 4 5 6                    |     |     |     | 20 30 40                               |     |     |     | 1 2 3                    |     |     |     |
| pg/ml                    |     |     |     | pg/ml                                  |     |     |     | pg/ml                    |     |     |     |
| 147 159 153              |     |     |     | 158 153 160                            |     |     |     | 154 154 159              |     |     |     |
| 153 151 152              |     |     |     | 158 157 165                            |     |     |     | 138 156 155              |     |     |     |
| 161 149 165              |     |     |     | 156 157 160                            |     |     |     | 153 157 154              |     |     |     |
| Mean                     | 154 | 153 | 157 | Mean                                   | 157 | 156 | 162 | Mean                     | 148 | 156 | 156 |
| SD                       | 7   | 5   | 7   | SD                                     | 1   | 2   | 3   | SD                       | 9   | 2   | 3   |
| PhIP                     |     |     |     |  |     |     |     |                          |     |     |     |
| Time for hydrolysis (hr) |     |     |     | % MeOH in H <sub>2</sub> O for washing |     |     |     | % FA in MeOH for washing |     |     |     |
| 4 5 6                    |     |     |     | 20 30 40                               |     |     |     | 1 2 3                    |     |     |     |
| pg/ml                    |     |     |     | pg/ml                                  |     |     |     | pg/ml                    |     |     |     |
| 42.9 41 36.9             |     |     |     | 43 42 40                               |     |     |     | 36.5 41.6 42.9           |     |     |     |
| 41.4 41.5 43.4           |     |     |     | 41 43 43                               |     |     |     | 41.6 42.1 42.6           |     |     |     |
| 41.8 39 38.9             |     |     |     | 42 41 40                               |     |     |     | 40.1 39.9 41.2           |     |     |     |
| Mean                     | 42  | 41  | 40  | Mean                                   | 42  | 42  | 41  | Mean                     | 39  | 41  | 42  |
| SD                       | 0.8 | 1.3 | 3.3 | SD                                     | 1.1 | 0.8 | 1.6 | SD                       | 2.6 | 1.2 | 0.9 |
| Glu-P-2                  |     |     |     |  |     |     |     |                          |     |     |     |
| Time for hydrolysis (hr) |     |     |     | % MeOH in H <sub>2</sub> O for washing |     |     |     | % FA in MeOH for washing |     |     |     |
| 4 5 6                    |     |     |     | 20 30 40                               |     |     |     | 1 2 3                    |     |     |     |
| pg/ml                    |     |     |     | pg/ml                                  |     |     |     | pg/ml                    |     |     |     |
| 100 105 104              |     |     |     | 103 102 104                            |     |     |     | 104 99.5 104             |     |     |     |
| 100 105 103              |     |     |     | 104 103 103                            |     |     |     | 104 104 105              |     |     |     |
| 103 105 105              |     |     |     | 105 100 101                            |     |     |     | 101 102 103              |     |     |     |
| Mean                     | 101 | 105 | 104 | Mean                                   | 104 | 102 | 103 | Mean                     | 103 | 102 | 104 |
| SD                       | 2   | 0   | 1   | SD                                     | 1   | 2   | 2   | SD                       | 2   | 2   | 1   |
| Glu-P-2                  |     |     |     |  |     |     |     |                          |     |     |     |
| Time for hydrolysis (hr) |     |     |     | % MeOH in H <sub>2</sub> O for washing |     |     |     | % FA in MeOH for washing |     |     |     |
| 4 5 6                    |     |     |     | 20 30 40                               |     |     |     | 1 2 3                    |     |     |     |
| pg/ml                    |     |     |     | pg/ml                                  |     |     |     | pg/ml                    |     |     |     |
| 26.6 26.8 27.8           |     |     |     | 27 26 28                               |     |     |     | 27.2 26.3 26.9           |     |     |     |
| 27 27 27.8               |     |     |     | 26 27 27                               |     |     |     | 27.6 27 26.6             |     |     |     |
| 27 28.2 27.7             |     |     |     | 28 28 27                               |     |     |     | 27.7 27.2 27.2           |     |     |     |
| Mean                     | 27  | 27  | 28  | Mean                                   | 27  | 27  | 27  | Mean                     | 28  | 27  | 27  |
| SD                       | 0.2 | 0.8 | 0.1 | SD                                     | 0.7 | 1.0 | 0.4 | SD                       | 0.3 | 0.5 | 0.3 |
| Glu-P-1                  |     |     |     |  |     |     |     |                          |     |     |     |
| Time for hydrolysis (hr) |     |     |     | % MeOH in H <sub>2</sub> O for washing |     |     |     | % FA in MeOH for washing |     |     |     |
| 4 5 6                    |     |     |     | 20 30 40                               |     |     |     | 1 2 3                    |     |     |     |
| pg/ml                    |     |     |     | pg/ml                                  |     |     |     | pg/ml                    |     |     |     |
| 107 110 111              |     |     |     | 111 110 110                            |     |     |     | 110 108 112              |     |     |     |
| 100 108 108              |     |     |     | 113 107 113                            |     |     |     | 108 109 109              |     |     |     |
| 106 108 111              |     |     |     | 110 110 109                            |     |     |     | 108 110 109              |     |     |     |
| Mean                     | 104 | 109 | 110 | Mean                                   | 111 | 109 | 111 | Mean                     | 109 | 109 | 110 |
| SD                       | 4   | 1   | 2   | SD                                     | 2   | 2   | 2   | SD                       | 1   | 1   | 2   |
| Glu-P-1                  |     |     |     |  |     |     |     |                          |     |     |     |
| Time for hydrolysis (hr) |     |     |     | % MeOH in H <sub>2</sub> O for washing |     |     |     | % FA in MeOH for washing |     |     |     |
| 4 5 6                    |     |     |     | 20 30 40                               |     |     |     | 1 2 3                    |     |     |     |
| pg/ml                    |     |     |     | pg/ml                                  |     |     |     | pg/ml                    |     |     |     |
| 26.9 27.7 28.6           |     |     |     | 29 29 29                               |     |     |     | 28.6 27.7 27.9           |     |     |     |
| 28.2 28.4 29.4           |     |     |     | 29 29 29                               |     |     |     | 28.8 28.6 28.2           |     |     |     |
| 27.8 28.7 28.5           |     |     |     | 29 29 29                               |     |     |     | 28.9 29.5 28.3           |     |     |     |
| Mean                     | 28  | 28  | 29  | Mean                                   | 29  | 29  | 29  | Mean                     | 29  | 29  | 28  |
| SD                       | 0.7 | 0.5 | 0.5 | SD                                     | 0.4 | 0.2 | 0.2 | SD                       | 0.2 | 0.9 | 0.2 |
| Trp-P-2                  |     |     |     |  |     |     |     |                          |     |     |     |
| Time for hydrolysis (hr) |     |     |     | % MeOH in H <sub>2</sub> O for washing |     |     |     | % FA in MeOH for washing |     |     |     |
| 4 5 6                    |     |     |     | 20 30 40                               |     |     |     | 1 2 3                    |     |     |     |
| pg/ml                    |     |     |     | pg/ml                                  |     |     |     | pg/ml                    |     |     |     |
| 103 113 108              |     |     |     | 110 115 116                            |     |     |     | 114 111 111              |     |     |     |
| 101 112 112              |     |     |     | 114 110 112                            |     |     |     | 119 124 109              |     |     |     |

|      |     |     |     |
|------|-----|-----|-----|
|      | 109 | 115 | 116 |
| Mean | 104 | 113 | 112 |
| SD   | 4   | 2   | 4   |

|         |                          |      |      |
|---------|--------------------------|------|------|
| Trp-P-2 |                          |      |      |
|         | Time for hydrolysis (hr) |      |      |
|         | 4                        | 5    | 6    |
|         | pg/ml                    |      |      |
|         | 30.8                     | 26.6 | 33.9 |
|         | 29.6                     | 29.9 | 29.4 |
|         | 28.6                     | 30.9 | 30.1 |
| Mean    | 30                       | 29   | 31   |
| SD      | 1.1                      | 2.3  | 2.4  |

|      |     |     |     |
|------|-----|-----|-----|
|      | 121 | 108 | 110 |
| Mean | 115 | 111 | 113 |
| SD   | 6   | 4   | 3   |

|  |       |     |     |
|--|-------|-----|-----|
| % MeOH in H <sub>2</sub> O for washing |       |     |     |
|  | 20    | 30  | 40  |
|  | pg/ml |     |     |
|  | 29    | 30  | 29  |
|  | 29    | 30  | 30  |
|  | 30    | 30  | 28  |
| Mean                                   | 29    | 30  | 29  |
| SD                                     | 0.5   | 0.3 | 0.9 |

|      |     |     |     |
|------|-----|-----|-----|
|      | 113 | 113 | 108 |
| Mean | 115 | 116 | 109 |
| SD   | 3   | 7   | 2   |

|                          |       |      |      |
|--------------------------|-------|------|------|
| % FA in MeOH for washing |       |      |      |
|                          | 1     | 2    | 3    |
|                          | pg/ml |      |      |
|                          | 28.8  | 28.6 | 30   |
|                          | 29.8  | 29.7 | 29.1 |
|                          | 29.7  | 29.7 | 28.1 |
| Mean                     | 29    | 29   | 29   |
| SD                       | 0.6   | 0.6  | 1.0  |

|         |                          |     |     |
|---------|--------------------------|-----|-----|
| Trp-P-1 |                          |     |     |
|         | Time for hydrolysis (hr) |     |     |
|         | 4                        | 5   | 6   |
|         | pg/ml                    |     |     |
|         | 114                      | 113 | 113 |
|         | 101                      | 111 | 124 |
|         | 108                      | 113 | 124 |
| Mean    | 108                      | 112 | 120 |
| SD      | 7                        | 1   | 6   |

|  |       |     |     |
|--|-------|-----|-----|
| % MeOH in H <sub>2</sub> O for washing |       |     |     |
|  | 20    | 30  | 40  |
|  | pg/ml |     |     |
|  | 110   | 114 | 112 |
|  | 107   | 123 | 114 |
|  | 119   | 112 | 108 |
| Mean                                   | 112   | 116 | 111 |
| SD                                     | 6     | 6   | 3   |

|                          |       |     |     |
|--------------------------|-------|-----|-----|
| % FA in MeOH for washing |       |     |     |
|                          | 1     | 2   | 3   |
|                          | pg/ml |     |     |
|                          | 114   | 116 | 114 |
|                          | 98.2  | 116 | 114 |
|                          | 117   | 116 | 116 |
| Mean                     | 110   | 116 | 115 |
| SD                       | 10    | 0   | 1   |

|         |                          |      |      |
|---------|--------------------------|------|------|
| Trp-P-1 |                          |      |      |
|         | Time for hydrolysis (hr) |      |      |
|         | 4                        | 5    | 6    |
|         | pg/ml                    |      |      |
|         | 31.5                     | 28.4 | 27.2 |
|         | 29                       | 28.3 | 30.4 |
|         | 29.3                     | 29.9 | 29.5 |
| Mean    | 30                       | 29   | 29   |
| SD      | 1.4                      | 0.9  | 1.7  |

|  |       |     |     |
|--|-------|-----|-----|
| % MeOH in H <sub>2</sub> O for washing |       |     |     |
|  | 20    | 30  | 40  |
|  | pg/ml |     |     |
|  | 29    | 32  | 31  |
|  | 30    | 30  | 31  |
|  | 31    | 29  | 29  |
| Mean                                   | 30    | 30  | 30  |
| SD                                     | 1.0   | 1.4 | 0.8 |

|                          |       |      |      |
|--------------------------|-------|------|------|
| % FA in MeOH for washing |       |      |      |
|                          | 1     | 2    | 3    |
|                          | pg/ml |      |      |
|                          | 29.6  | 30.4 | 26.9 |
|                          | 30    | 27.7 | 30.9 |
|                          | 31.4  | 29.1 | 28.7 |
| Mean                     | 30    | 29   | 29   |
| SD                       | 0.9   | 1.4  | 2.0  |

|      |                          |     |     |
|------|--------------------------|-----|-----|
| IQ   |                          |     |     |
|      | Time for hydrolysis (hr) |     |     |
|      | 4                        | 5   | 6   |
|      | pg/ml                    |     |     |
|      | 146                      | 155 | 149 |
|      | 135                      | 136 | 149 |
|      | 163                      | 165 | 140 |
| Mean | 148                      | 152 | 146 |
| SD   | 14                       | 15  | 5   |

|  |       |     |     |
|--|-------|-----|-----|
| % MeOH in H <sub>2</sub> O for washing |       |     |     |
|  | 20    | 30  | 40  |
|  | pg/ml |     |     |
|  | 162   | 164 | 163 |
|  | 171   | 136 | 138 |
|  | 144   | 152 | 164 |
| Mean                                   | 159   | 151 | 155 |
| SD                                     | 14    | 14  | 15  |

|                          |       |     |     |
|--------------------------|-------|-----|-----|
| % FA in MeOH for washing |       |     |     |
|                          | 1     | 2   | 3   |
|                          | pg/ml |     |     |
|                          | 156   | 130 | 168 |
|                          | 144   | 164 | 150 |
|                          | 148   | 135 | 136 |
| Mean                     | 149   | 143 | 151 |
| SD                       | 6     | 18  | 16  |

|      |                          |      |      |
|------|--------------------------|------|------|
| IQ   |                          |      |      |
|      | Time for hydrolysis (hr) |      |      |
|      | 4                        | 5    | 6    |
|      | pg/ml                    |      |      |
|      | 39.8                     | 36.8 | 39.9 |
|      | 39.6                     | 37.3 | 38.9 |
|      | 40                       | 43.2 | 42.2 |
| Mean | 40                       | 39   | 40   |
| SD   | 0.2                      | 3.6  | 1.7  |

|  |       |     |     |
|--|-------|-----|-----|
| % MeOH in H <sub>2</sub> O for washing |       |     |     |
|  | 20    | 30  | 40  |
|  | pg/ml |     |     |
|  | 42    | 42  | 39  |
|  | 38    | 38  | 41  |
|  | 45    | 44  | 38  |
| Mean                                   | 42    | 41  | 39  |
| SD                                     | 3.3   | 3.0 | 1.5 |

|                          |       |      |      |
|--------------------------|-------|------|------|
| % FA in MeOH for washing |       |      |      |
|                          | 1     | 2    | 3    |
|                          | pg/ml |      |      |
|                          | 40    | 37.2 | 37.3 |
|                          | 40    | 39.2 | 37.8 |
|                          | 38.2  | 43   | 43.3 |
| Mean                     | 39    | 40   | 39   |
| SD                       | 1.0   | 2.9  | 3.3  |

|      |                          |     |     |
|------|--------------------------|-----|-----|
| MeAC |                          |     |     |
|      | Time for hydrolysis (hr) |     |     |
|      | 4                        | 5   | 6   |
|      | pg/ml                    |     |     |
|      | 143                      | 148 | 150 |
|      | 151                      | 152 | 147 |
|      | 141                      | 140 | 162 |
| Mean | 145                      | 147 | 153 |
| SD   | 5                        | 6   | 8   |

|  |       |     |     |
|--|-------|-----|-----|
| % MeOH in H <sub>2</sub> O for washing |       |     |     |
|  | 20    | 30  | 40  |
|  | pg/ml |     |     |
|  | 147   | 145 | 146 |
|  | 149   | 149 | 160 |
|  | 160   | 155 | 150 |
| Mean                                   | 152   | 150 | 152 |
| SD                                     | 7     | 5   | 7   |

|                          |       |     |     |
|--------------------------|-------|-----|-----|
| % FA in MeOH for washing |       |     |     |
|                          | 1     | 2   | 3   |
|                          | pg/ml |     |     |
|                          | 152   | 158 | 146 |
|                          | 151   | 150 | 154 |
|                          | 144   | 153 | 155 |
| Mean                     | 149   | 154 | 152 |
| SD                       | 4     | 4   | 5   |

|      |                          |   |   |
|------|--------------------------|---|---|
| MeAC |                          |   |   |
|      | Time for hydrolysis (hr) |   |   |
|      | 4                        | 5 | 6 |

|  |    |    |    |
|--|----|----|----|
| % MeOH in H <sub>2</sub> O for washing |    |    |    |
|  | 20 | 30 | 40 |

|                          |   |   |   |
|--------------------------|---|---|---|
| % FA in MeOH for washing |   |   |   |
|                          | 1 | 2 | 3 |

|      | pg/ml |      |      |
|------|-------|------|------|
|      | 39.1  | 38.2 | 44.3 |
|      | 37.8  | 40.7 | 39.8 |
|      | 38.9  | 35.2 | 38   |
| Mean | 39    | 38   | 41   |
| SD   | 0.7   | 2.8  | 3.2  |

|      | pg/ml |     |     |
|------|-------|-----|-----|
|      | 39    | 40  | 41  |
|      | 40    | 42  | 42  |
|      | 38    | 38  | 41  |
| Mean | 39    | 40  | 41  |
| SD   | 1.0   | 1.9 | 0.6 |

|      | pg/ml |      |      |
|------|-------|------|------|
|      | 38.9  | 41.7 | 42.4 |
|      | 41    | 40.2 | 40.6 |
|      | 38.3  | 38.9 | 37.9 |
| Mean | 39    | 40   | 40   |
| SD   | 1.4   | 1.4  | 2.3  |

#### AC

|      | Time for hydrolysis (hr) |     |     |
|------|--------------------------|-----|-----|
|      | 4                        | 5   | 6   |
|      | pg/ml                    |     |     |
|      | 143                      | 148 | 141 |
|      | 140                      | 143 | 143 |
|      | 138                      | 145 | 146 |
| Mean | 140                      | 145 | 143 |
| SD   | 3                        | 3   | 3   |

|      | % MeOH in H <sub>2</sub> O for washing |     |     |
|------|--|-----|-----|
|      | 20                                     | 30  | 40  |
|      | pg/ml                                  |     |     |
|      | 144                                    | 150 | 148 |
|      | 148                                    | 140 | 146 |
|      | 151                                    | 145 | 144 |
| Mean | 148                                    | 145 | 146 |
| SD   | 4                                      | 5   | 2   |

|      | % FA in MeOH for washing |     |     |
|------|--------------------------|-----|-----|
|      | 1                        | 2   | 3   |
|      | pg/ml                    |     |     |
|      | 147                      | 142 | 151 |
|      | 162                      | 144 | 143 |
|      | 141                      | 141 | 141 |
| Mean | 150                      | 142 | 145 |
| SD   | 11                       | 2   | 5   |

#### AC

|      | Time for hydrolysis (hr) |      |      |
|------|--------------------------|------|------|
|      | 4                        | 5    | 6    |
|      | pg/ml                    |      |      |
|      | 36.5                     | 37.8 | 35   |
|      | 38.2                     | 38.4 | 39.4 |
|      | 37.6                     | 36.2 | 39.6 |
| Mean | 37                       | 37   | 38   |
| SD   | 0.9                      | 1.1  | 2.6  |

|      | % MeOH in H <sub>2</sub> O for washing |     |     |
|------|--|-----|-----|
|      | 20                                     | 30  | 40  |
|      | pg/ml                                  |     |     |
|      | 37                                     | 37  | 38  |
|      | 37                                     | 39  | 37  |
|      | 36                                     | 37  | 37  |
| Mean | 37                                     | 38  | 37  |
| SD   | 0.5                                    | 1.1 | 0.2 |

|      | % FA in MeOH for washing |      |      |
|------|--------------------------|------|------|
|      | 1                        | 2    | 3    |
|      | pg/ml                    |      |      |
|      | 36.6                     | 36.9 | 36.8 |
|      | 37.7                     | 36.5 | 36.1 |
|      | 37                       | 37   | 36   |
| Mean | 37                       | 37   | 36   |
| SD   | 0.6                      | 0.3  | 0.4  |

#### Norharman

|      | Time for hydrolysis (hr) |      |      |
|------|--------------------------|------|------|
|      | 4                        | 5    | 6    |
|      | pg/ml                    |      |      |
|      | 1640                     | 1750 | 1670 |
|      | 1560                     | 1650 | 1800 |
|      | 1840                     | 1840 | 1680 |
| Mean | 1680                     | 1747 | 1717 |
| SD   | 144                      | 95   | 72   |

|      | % MeOH in H <sub>2</sub> O for washing |      |      |
|------|--|------|------|
|      | 20                                     | 30   | 40   |
|      | pg/ml                                  |      |      |
|      | 1610                                   | 1630 | 1590 |
|      | 1570                                   | 1420 | 1490 |
|      | 1500                                   | 1560 | 1580 |
| Mean | 1560                                   | 1537 | 1553 |
| SD   | 56                                     | 107  | 55   |

|      | % FA in MeOH for washing |      |      |
|------|--------------------------|------|------|
|      | 1                        | 2    | 3    |
|      | pg/ml                    |      |      |
|      | 1550                     | 1430 | 1650 |
|      | 1460                     | 1590 | 1560 |
|      | 1540                     | 1390 | 1430 |
| Mean | 1517                     | 1470 | 1547 |
| SD   | 49                       | 106  | 111  |

#### Norharman

|      | Time for hydrolysis (hr) |      |      |
|------|--------------------------|------|------|
|      | 4                        | 5    | 6    |
|      | pg/ml                    |      |      |
|      | 686                      | 676  | 716  |
|      | 651                      | 639  | 677  |
|      | 649                      | 694  | 715  |
| Mean | 662                      | 670  | 703  |
| SD   | 20.8                     | 28.0 | 22.2 |

|      | % MeOH in H <sub>2</sub> O for washing |      |      |
|------|--|------|------|
|      | 20                                     | 30   | 40   |
|      | pg/ml                                  |      |      |
|      | 510                                    | 494  | 470  |
|      | 462                                    | 465  | 508  |
|      | 492                                    | 515  | 487  |
| Mean | 488                                    | 491  | 488  |
| SD   | 24.2                                   | 25.1 | 19.0 |

|      | % FA in MeOH for washing |      |      |
|------|--------------------------|------|------|
|      | 1                        | 2    | 3    |
|      | pg/ml                    |      |      |
|      | 479                      | 457  | 468  |
|      | 470                      | 472  | 471  |
|      | 456                      | 490  | 499  |
| Mean | 468                      | 473  | 479  |
| SD   | 11.6                     | 16.5 | 17.1 |

#### Harman

|      | Time for hydrolysis (hr) |      |      |
|------|--------------------------|------|------|
|      | 4                        | 5    | 6    |
|      | pg/ml                    |      |      |
|      | 1700                     | 1770 | 1790 |
|      | 1670                     | 1720 | 1780 |
|      | 1720                     | 1730 | 1810 |
| Mean | 1697                     | 1740 | 1793 |
| SD   | 25                       | 26   | 15   |

|      | % MeOH in H <sub>2</sub> O for washing |      |      |
|------|--|------|------|
|      | 20                                     | 30   | 40   |
|      | pg/ml                                  |      |      |
|      | 1460                                   | 1500 | 1530 |
|      | 1520                                   | 1450 | 1480 |
|      | 1520                                   | 1460 | 1450 |
| Mean | 1500                                   | 1470 | 1487 |
| SD   | 35                                     | 26   | 40   |

|      | % FA in MeOH for washing |      |      |
|------|--------------------------|------|------|
|      | 1                        | 2    | 3    |
|      | pg/ml                    |      |      |
|      | 1500                     | 1460 | 1520 |
|      | 1510                     | 1460 | 1490 |
|      | 1440                     | 1480 | 1480 |
| Mean | 1483                     | 1467 | 1497 |
| SD   | 38                       | 12   | 21   |

#### Harman

|      | Time for hydrolysis (hr) |      |     |
|------|--------------------------|------|-----|
|      | 4                        | 5    | 6   |
|      | pg/ml                    |      |     |
|      | 688                      | 672  | 724 |
|      | 698                      | 700  | 731 |
|      | 685                      | 703  | 718 |
| Mean | 690                      | 692  | 724 |
| SD   | 6.8                      | 17.1 | 6.5 |

|      | % MeOH in H <sub>2</sub> O for washing |     |     |
|------|--|-----|-----|
|      | 20                                     | 30  | 40  |
|      | pg/ml                                  |     |     |
|      | 463                                    | 467 | 466 |
|      | 455                                    | 461 | 465 |
|      | 463                                    | 459 | 465 |
| Mean | 460                                    | 462 | 465 |
| SD   | 4.6                                    | 4.2 | 0.6 |

|      | % FA in MeOH for washing |     |     |
|------|--------------------------|-----|-----|
|      | 1                        | 2   | 3   |
|      | pg/ml                    |     |     |
|      | 454                      | 457 | 456 |
|      | 473                      | 466 | 459 |
|      | 473                      | 467 | 454 |
| Mean | 467                      | 463 | 456 |
| SD   | 11.0                     | 5.5 | 2.5 |

% of ammonium hydroxide in LC mobile phase

High concentrations

|      | PhIP           |      |      | Glu-P-2        |      |      | Glu-P-1        |      |      | Trp-P-2        |      |      | Trp-P-1        |      |      |
|------|----------------|------|------|----------------|------|------|----------------|------|------|----------------|------|------|----------------|------|------|
|      | NH4OH % in H2O |      |      | NH4OH % in H2O |      |      | NH4OH % in H2O |      |      | NH4OH % in H2O |      |      | NH4OH % in H2O |      |      |
|      | 0.03           | 0.05 | 0.08 | 0.03           | 0.05 | 0.08 | 0.03           | 0.05 | 0.08 | 0.03           | 0.05 | 0.08 | 0.03           | 0.05 | 0.08 |
|      | ng/ml          |      |      | ng/ml          |      |      | ng/ml          |      |      | ng/ml          |      |      | ng/ml          |      |      |
| Mean | 1.52           | 1.50 | 1.51 | 1.07           | 1.08 | 1.08 | 1.17           | 1.18 | 1.17 | 1.13           | 1.15 | 1.13 | 1.18           | 1.18 | 1.17 |
| SD   | 0.02           | 0.02 | 0.00 | 0.01           | 0.01 | 0.00 | 0.01           | 0.01 | 0.01 | 0.01           | 0.03 | 0.02 | 0.02           | 0.02 | 0.01 |

|      | IQ             |      |      | MeAC           |      |      | AC             |      |      | Norharman      |       |       | Harman         |       |       |
|------|----------------|------|------|----------------|------|------|----------------|------|------|----------------|-------|-------|----------------|-------|-------|
|      | NH4OH % in H2O |      |      | NH4OH % in H2O |      |      | NH4OH % in H2O |      |      | NH4OH % in H2O |       |       | NH4OH % in H2O |       |       |
|      | 0.03           | 0.05 | 0.08 | 0.03           | 0.05 | 0.08 | 0.03           | 0.05 | 0.08 | 0.03           | 0.05  | 0.08  | 0.03           | 0.05  | 0.08  |
|      | ng/ml          |      |      | ng/ml          |      |      | ng/ml          |      |      | ng/ml          |       |       | ng/ml          |       |       |
| Mean | 1.52           | 1.50 | 1.50 | 1.51           | 1.50 | 1.51 | 1.52           | 1.50 | 1.49 | 15.10          | 15.03 | 14.80 | 15.13          | 14.97 | 15.00 |
| SD   | 0.02           | 0.01 | 0.01 | 0.02           | 0.01 | 0.01 | 0.01           | 0.02 | 0.02 | 0.10           | 0.25  | 0.17  | 0.55           | 0.32  | 0.36  |

Low concentrations

|      | PhIP           |       |       | Glu-P-2        |       |       | Glu-P-1        |       |       | Trp-P-2        |       |       | Trp-P-1        |       |       |
|------|----------------|-------|-------|----------------|-------|-------|----------------|-------|-------|----------------|-------|-------|----------------|-------|-------|
|      | NH4OH % in H2O |       |       | NH4OH % in H2O |       |       | NH4OH % in H2O |       |       | NH4OH % in H2O |       |       | NH4OH % in H2O |       |       |
|      | 0.03           | 0.05  | 0.08  | 0.03           | 0.05  | 0.08  | 0.03           | 0.05  | 0.08  | 0.03           | 0.05  | 0.08  | 0.03           | 0.05  | 0.08  |
|      | ng/ml          |       |       | ng/ml          |       |       | ng/ml          |       |       | ng/ml          |       |       | ng/ml          |       |       |
| Mean | 0.20           | 0.20  | 0.20  | 0.14           | 0.14  | 0.14  | 0.16           | 0.16  | 0.16  | 0.15           | 0.15  | 0.15  | 0.16           | 0.16  | 0.16  |
| SD   | 0.002          | 0.003 | 0.003 | 0.002          | 0.003 | 0.003 | 0.001          | 0.002 | 0.002 | 0.001          | 0.008 | 0.008 | 0.002          | 0.001 | 0.001 |

|      | IQ             |       |       | MeAC           |       |       | AC             |       |       | Norharman      |       |       | Harman         |       |       |
|------|----------------|-------|-------|----------------|-------|-------|----------------|-------|-------|----------------|-------|-------|----------------|-------|-------|
|      | NH4OH % in H2O |       |       | NH4OH % in H2O |       |       | NH4OH % in H2O |       |       | NH4OH % in H2O |       |       | NH4OH % in H2O |       |       |
|      | 0.03           | 0.05  | 0.08  | 0.03           | 0.05  | 0.08  | 0.03           | 0.05  | 0.08  | 0.03           | 0.05  | 0.08  | 0.03           | 0.05  | 0.08  |
|      | ng/ml          |       |       | ng/ml          |       |       | ng/ml          |       |       | ng/ml          |       |       | ng/ml          |       |       |
| Mean | 0.20           | 0.20  | 0.20  | 0.20           | 0.20  | 0.20  | 0.20           | 0.20  | 0.20  | 1.97           | 1.92  | 2.02  | 2.01           | 1.96  | 2.02  |
| SD   | 0.001          | 0.001 | 0.001 | 0.003          | 0.001 | 0.001 | 0.001          | 0.001 | 0.001 | 0.029          | 0.012 | 0.012 | 0.050          | 0.020 | 0.020 |

## Appendix G

### Urine VS Water calibration curves

|           | Linearity<br>ranges | Urine concentration<br>ranges |                | Calibration curves  | Difference in<br>slope |
|-----------|---------------------|-------------------------------|----------------|---|------------------------|
|           | on-column (pg)      | pg/ml                         | R <sup>2</sup> |   | %                      |
| AC        | 0-40                | 0-400                         | 0.99<br>9      | Water:<br>$y=0.975x+0.00172$<br>Urine: $y=1.00x+0.00392$  | 2.5                    |
| MeAC      | 0-20                | 0-200                         | 0.99<br>9      | Water:<br>$y=0.857x+0.00031$<br>Urine: $y=0.873x-9.39e-5$ | 1.8                    |
| IQ        | 0-20                | 0-200                         | 0.99<br>9      | Water: $y=1.24x+0.00568$<br>Urine: $y=1.25x+0.0033$       | 0.8                    |
| Trp-P-1   | 0-20                | 0-200                         | 0.99<br>9      | Water:<br>$y=0.984x+0.00153$<br>Urine: $y=0.989x+0.00062$ | 0.5                    |
| Trp-P-2   | 0-20                | 0-200                         | 1.00<br>0      | Water:<br>$y=0.924x+0.00085$<br>Urine: $y=0.955x+0.00023$ | 3.3                    |
| Glu-P-1   | 0-20                | 0-200                         | 1.00<br>0      | Water: $y=1.22x+0.00167$<br>Urine: $y=1.23x+0.00246$      | 0.81                   |
| Glu-P-2   | 0-20                | 0-200                         | 1.00<br>0      | Water: $y=1.10x+0.00027$<br>Urine: $y=1.11x-0.00464$      | 0.9                    |
| PhIP      | 0-20                | 0-200                         | 0.99<br>8      | Water: $y=1.04x+0.00982$<br>Urine: $y=1.07x+0.00983$      | 2.8                    |
| Harman    | 1-400               | 10 ~4000                      | 1.00<br>0      | Water: $y=1.14 x+0.00458$<br>Urine: $y=1.17x+4.05$        | 2.6                    |
| NorHarman | 1-400               | 10 ~4000                      | 0.99<br>9      | Water: $y=1.43x+0.00875$<br>Urine: $y=1.42x+2.03$         | 0.7                    |